MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE RUSSIAN FEDERATION

Federal State Budgetary Educational Institution of Higher Education "Penza State University"
V.G. Belinsky Institute of Teacher Education

The Syllabus is approved by the Methodological Council of the University
Record no. 9 dated 18.05.2023

SYLLABUS

for the Bachelor's degree programme

APPROVED BY
Rector *Guliakov A.D.*
"19" мая 2023 г.

Course 37.03.01 Psychology

Study field: Social psychology of Personality
Department: General Psychology
Faculty: Pedagogy, Psychology and Social Sciences

Qualification: Bachelor
Mode of training: Full-time
Period of training: 4 years

1st year of training (according to the Syllabus) 2024

Educational standard (FSES) no. 839 dated 29.07.2021

Agreed with

Vice-Rector for Academic Affairs /Mekhanov V.B./

Vice-Rector for International Affairs / Sintsov G.V./

Head of the Academic and Methodological Office / Soloviev V.A./

Director of Institute of Teacher Education named after V.G. Belinsky / Surina O.P./

Dean / Tugarov A.B./

Head of Department / Konstantinov V.V./

Chairperson of the Methodoloical Council / Mekhanov V.B./

-	-	Form of Assessment					ECTS	Total academic hours									Year 1		Year 2		Year 3		Year 4	
																	Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6	Semester 7	Semester 8
Code	Name	Exam	Pass/fail exam	Graded pass-fail exam	Team project	Review work	In fact	According to syllabus	Review work	In-class work	Lecture	Laboratory class	Practical class	Other control	Individual work	Assessment	ECTS	ECTS	ECTS	ECTS	ECTS	ECTS	ECTS	ECTS
Б1. Discipline (module)							190	6840	4116.45	3913	1687	566	1660	203.45	1895.55	828	27	30	28	26	29	19	16	15
Basic part							141	5076	3033.9	2892	1164	526	1202	141.9	1394.1	648	27	30	26	17	20	15	3	3
Б1.О.01	**Module 1. Humanitarian, economic and social principles of professional activity**	**3**	**1334**	**12**			**17**	**612**	**357.4**	**346**	**156**		**190**	**11.4**	**218.6**	**36**	4	2	9	2				
Б1.О.01.01	History of Russia		1	2			4	144	122.5	122	70		52	0.5	21.5		2	2						
Б1.О.01.02	Philosophy	3					4	144	54	51	17		34	3	54	36			4					
Б1.О.01.03	Economics		4				2	72	35.95	34	17		17	1.95	36.05					2				
Б1.О.01.04	Law		3				2	72	35.95	34	17		17	1.95	36.05				2					
Б1.О.01.05	Pedagogics		3				3	108	52.95	51	17		34	1.95	55.05				3					
Б1.О.01.06	Principles of Russian Statehood			1			2	72	56.05	54	18		36	2.05	15.95		2							
Б1.О.02	**Module 2. Communication in professional interaction**	**2**	**112**				**10**	**360**	**161.85**	**158**	**18**	**106**	**34**	**3.85**	**162.15**	**36**	5	5						
Б1.О.02.01	Foreign Language	2	1				6	216	89.55	88		88		1.55	90.45	36	3	3						
Б1.О.02.02	Russian Language and Culture of Speech		1				2	72	34.25	34			34	0.25	37.75		2							
Б1.О.02.03	Modern Information Technologies		2				2	72	38.05	36	18	18		2.05	33.95			2						
Б1.О.03	**Module 3. Health-saving technologies in safety technology in professional activities**		**1225**				**8**	**288**	**184.7**	**175**	**88**		**87**	**9.7**	**103.3**		2	4			2			
Б1.О.03.01	Ecology		2				2	72	37.95	36	18		18	1.95	34.05			2						
Б1.О.03.02	Psychology of Safety		5				2	72	54.65	51	34		17	3.65	17.35						2			
Б1.О.03.03	Physical Education and Sport		1				2	72	34.25	34			34	0.25	37.75		2							
Б1.О.03.04	Life Safety		2				2	72	57.85	54	36		18	3.85	14.15			2						
Б1.О.04	**Module 4. Natural science basics of psychology**	**4**	**2**	**1**			**11**	**396**	**271.8**	**258**	**120**		**138**	**13.8**	**88.2**	**36**	4	2		5				
Б1.О.04.01	Anatomy and Physiology of the Central Nervous System			1			4	144	107.35	102	51		51	5.35	36.65		4							
Б1.О.04.02	Psychophysiology		2				2	72	56.05	54	18		36	2.05	15.95			2						
Б1.О.04.03	Psychology of Stress and Coping Behaviour	4					5	180	108.4	102	51		51	6.4	35.6	36				5				
Б1.О.05	**Module 5. Basics of scientific activity**	**34**	**2**	**3**			**17**	**612**	**379.65**	**360**	**171**		**189**	**19.65**	**160.35**	**72**		3	9	5				
Б1.О.05.01	Mathematics		2				3	108	56.05	54	18		36	2.05	51.95			3						
Б1.О.05.02	Experimental Psychology	3					5	180	107.85	102	51		51	5.85	36.15	36			5					
Б1.О.05.03	Mathematical Methods in Psychology	4					5	180	108.4	102	51		51	6.4	35.6	36				5				
Б1.О.05.04	Methodological Basics in Psychology			3			4	144	107.35	102	51		51	5.35	36.65				4					
Б1.О.06	**Module 6. Introduction to the Profession**	**11222 35555 667**	**458**	**3466**		**36**	**78**	**2808**	**1678.5**	**1595**	**611**	**420**	**564**	**83.5**	**661.5**	**468**	12	14	8	5	18	15	3	3
Б1.О.06.01	Introduction to the Profession	1					6	216	108.4	102	51		51	6.4	71.6	36	6							
Б1.О.06.02	General Psychology	12					9	324	204.4	193	88		105	11.4	47.6	72	4	5						
Б1.О.06.03	Training in General Psychology	25		34			13	468	261.05	259		259		2.05	134.95	72	2	4	2	2	3			
Б1.О.06.04	History of Psychology	2					5	180	96.7	90	36		54	6.7	47.3	36		5						
Б1.О.06.05	Developmental Psychology		4				3	108	71.65	68	34		34	3.65	36.35					3				
Б1.О.06.06	Psychology of Personality	3				3	6	216	142.2	136	34	51	51	6.2	37.8	36			6					
Б1.О.06.07	Psychodiagnostics		5	6			5	180	147.3	139	78	44	17	8.3	32.7						2	3		
Б1.О.06.08	Differential Psychology	5					5	180	108.4	102	51		51	6.4	35.6	36					5			
Б1.О.06.09	Clinical Psychology		8				3	108	95.25	90	50		40	5.25	12.75									3
Б1.О.06.10	Special Psychology	7					3	108	58	54	27		27	4	14	36							3	
Б1.О.06.11	Psychology of Deviant Behaviour and Addictology	6					4	144	70.6	66	33		33	4.6	37.4	36						4		

Б1.О.06.12	Social Psychology	56				6	8	288	175.6	162	95		67	13.6	40.4	72					4	4		
Б1.О.06.13	Training in Social Psychology			6			4	144	66.25	66		66		0.25	77.75							4		
Б1.О.06.14	Psychology of a conflict	5					4	144	72.7	68	34		34	4.7	35.3	36					4			
Part formed by participants of educational relations							49	1764	1082.55	1021	523	40	458	61.55	501.45	180			2	9	9	4	13	12
Б1.В.01	**Module 7. Social Psychology of Personality**	**6778**	**457**	**457**			**35**	**1260**	**743.5**	**701**	**358**	**40**	**303**	**42.5**	**372.5**	**144**				6	7	4	13	5
Б1.В.01.01	Psychology of a family			5			4	144	88.65	85	34		51	3.65	55.35						4			
Б1.В.01.02	Principles of Psychological Help	7					4	144	86.8	81	45		36	5.8	21.2	36							4	
Б1.В.01.03	Principles of Psychological Team Work			7			3	108	66.85	63	36		27	3.85	41.15								3	
Б1.В.01.04	Social and Psychological Principles of Career Guidance Work		7				2	72	38.05	36	18		18	2.05	33.95								2	
Б1.В.01.05	Principles of Psychological Correction of Personality	7					4	144	76.9	72	36		36	4.9	31.1	36							4	
Б1.В.01.06	Basics of Project Management		4				2	72	35.95	34	17		17	1.95	36.05					2				
Б1.В.01.07	Psychology of Exstremism		5				3	108	71.65	68	34		34	3.65	36.35						3			
Б1.В.01.08	Principles of Psychological Counselling	8					5	180	107.3	100	60	40		7.3	36.7	36								5
Б1.В.01.09	Psychology of Influence			4			4	144	88.65	85	34		51	3.65	55.35					4				
Б1.В.01.10	Principles of Psychological Prevention	6					4	144	82.7	77	44		33	5.7	25.3	36						4		
Б1.В.ДВ.01	**Elective disciplines (modules) 1 (ДВ.1)**		**8**				**2**	**72**	**53.25**	**50**	**30**		**20**	**3.25**	**18.75**									2
Б1.В.ДВ.01.01	Psychology of Intercultural Communication		8				2	72	53.25	50	30		20	3.25	18.75									2
Б1.В.ДВ.01.02	Ethnopsychology		8				2	72	53.25	50	30		20	3.25	18.75									2
Б1.В.ДВ.02	**Elective disciplines (modules) 2 (ДВ.2)**		**4**				**3**	**108**	**90.35**	**85**	**51**		**34**	**5.35**	**17.65**					3				
Б1.В.ДВ.02.01	Psychological Technologies of Volunteering		4				3	108	90.35	85	51		34	5.35	17.65					3				
Б1.В.ДВ.02.02	Organisation of Volunteering and Interaction with SociallyFocused NGO		4				3	108	90.35	85	51		34	5.35	17.65					3				
Б1.В.ДВ.03	**Elective disciplines (modules) 3 (ДВ.3)**		**8**				**2**	**72**	**42.25**	**40**	**20**		**20**	**2.25**	**29.75**									2
Б1.В.ДВ.03.01	Organisational Psychology		8				2	72	42.25	40	20		20	2.25	29.75									2
Б1.В.ДВ.03.02	Labour Psychology		8				2	72	42.25	40	20		20	2.25	29.75									2
Б1.В.ДВ.04	**Elective disciplines (modules) 4 (ДВ.4)**		**5**				**2**	**72**	**35.95**	**34**	**17**		**17**	**1.95**	**36.05**						2			
Б1.В.ДВ.04.01	Socioligy		5				2	72	35.95	34	17		17	1.95	36.05						2			
Б1.В.ДВ.04.02	Cultural Studies		5				2	72	35.95	34	17		17	1.95	36.05						2			
Б1.В.ДВ.05	**Elective disciplines (modules) 5 (ДВ.5)**	**8**					**3**	**108**	**64.3**	**60**	**30**		**30**	**4.3**	**7.7**	**36**								3
Б1.В.ДВ.05.01	Online Psychological Practice	8					3	108	64.3	60	30		30	4.3	7.7	36								3
Б1.В.ДВ.05.02	Digital Technologies in Psychological Practice	8					3	108	64.3	60	30		30	4.3	7.7	36								3
Б1.В.ДВ.06	**Elective disciplines (modules) 6 (ДВ.6)**		**3**				**2**	**72**	**52.95**	**51**	**17**		**34**	**1.95**	**19.05**				2					
Б1.В.ДВ.06.01	Basics of Medical Knowledge		3				2	72	52.95	51	17		34	1.95	19.05				2					
Б1.В.ДВ.06.02	Principles of Special Training		3				2	72	52.95	51	17		34	1.95	19.05				2					
Б2. Practice							42	1512	228					228	1284			3		6		12	12	9
Basic part							12	432	60					60	372			3						9
Б2.О.01(У)	Academic Training: Introductory Training			2			3	108	24					24	84			3						
Б2.О.02(П)	On-the-Job Training: Research (on the theme of graduation work)			8			9	324	36					36	288									9
Part formed by participants of educational relations							30	1080	168					168	912					6		12	12	
Б2.В.01(У)	Academic Training: Research (Obtaining primary research skills)			7			12	432	96					96	336								12	
Б2.В.02(П)	On-the-Job Training: Professional Training			46			18	648	72					72	576					6		12		
Б 3. State final certification							8	288	16					16	272									8
Б3.01	Writing and Defending Graduation Work						8	288	16					16	272									8
Э. Elective Disciplines in Physical Education and Sport																								
Basic part																								
Э.В.ДВ.01	**Elective Disciplines in Physical Education and Sport**																							
Э.В.ДВ.01.01	Artistic Gymnastics		234					328	242	242		242			86									
Э.В.ДВ.01.02	Aerobic Dancing		234					328	242	242		242			86									

Э.В.ДВ.01.03	Track-and-Field Athletics		234					328	242	242		242			86									
Э.В.ДВ.01.04	Skiing		234					328	242	242		242			86									
Э.В.ДВ.01.05	Swimming		234					328	242	242		242			86									
Э.В.ДВ.01.06	General Physical Training		234					328	242	242		242			86									
Э.В.ДВ.01.07	Basketball		234					328	242	242		242			86									
Э.В.ДВ.01.08	Football		234					328	242	242		242			86									
Э.В.ДВ.01.09	Volleyball		234					328	242	242		242			86									
ФТД. Optional course							4	144	100.45	95	56		39	5.45	43.55				2			2		
ФТД.01	Rhetoric		3				2	72	54	51	34		17	3	18				2					
ФТД.02	Speed Reading Techniques and Text Analysis		6				2	72	46.45	44	22		22	2.45	25.55							2		