

**MINISTRY OF SCIENCE AND HIGHER EDUCATION
OF THE RUSSIAN FEDERATION**

PENZA STATE UNIVERSITY

Faculty of Computer Engineering

APPROVED BY

Dean of the Faculty

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PROGRAMME AND SCHEDULE OF MENTORING

Course	09.03.01 Informatics and Computer Engineering
Bachelor's degree programme	Applied Artificial Intelligence
Graduate's qualification	Bachelor
Mode of training	Full-time

Penza, 2023

Content

1. General Provisions

1.1 Legal support

1.2 Aims and objectives of mentoring at Penza State University

1.3 Principles of organizing mentoring activities

2. Forms and Terms of Implementing Mentoring Activities at Penza State University

2.1 Scope of mentoring at Penza State University

2.2 Priority areas in teaching, learning and mentoring system of Penza State University

2.3 Forms and methods of mentoring

3. References

4. Ways of Recognizing and Encouraging Social Activity

5. Schedule of Mentoring Activities

1. GENERAL PROVISIONS

Higher education aims at ensuring the training of highly qualified specialists in all major areas of socially useful activities in accordance with the needs of society and the state, meeting the needs of the individual in intellectual, cultural and moral development, deepening and expanding education, scientific and pedagogical qualifications.

1.1. Legal support

The working programme of mentoring at Penza State University was compiled in accordance with the norms and regulations:

- Federal Law of the Russian Federation of July 31, 2020 No. 304-FZ “On Amendments to the Federal Law “On Education in the Russian Federation” on mentoring of students”;
- Concepts of mentoring at Penza State University of February 11, 2021 No. 7;
- The working programme of mentoring of Penza State University.

1.2. Aims and objectives of mentoring

The main goal of mentoring at Penza State University is to create conditions for the personal and professional development of the student, contributing to their effective adaptation in the socio-cultural environment of the Russian and international community: the development and formation of the personality of the student - the future specialist, combining high education, deep professional knowledge, abilities and skills, possessing a humanistic worldview, a stable system of moral and civic values, the formation of students' feelings of patriotism, citizenship, respect for the memory of the defenders of the Homeland and the exploits of the heroes of the Homeland, law and order, to working people and the older generation, mutual respect, respect for the cultural heritage and traditions of the multinational people of the Russian Federation, nature and the environment.

This aim is achieved by solving the following objectives:

- creating an environment for creative, intellectual, cultural communication, which contributes to self-determination, self-affirmation and self-fulfillment of the student's personality;
- ensuring the correlation of mentoring, educational and scientific activities;
- creating conditions for the development of tolerance among young students and mentoring of aesthetic, legal, political culture, prerequisites for the formation of a humanistic worldview, active citizenship;
- developing creative associations of students to fulfil the personal potential of young people, their creativity;
- improving the system of student self-government by teaching its representatives the skills of interaction, the formation of their leadership and organizational skills, self-confidence and their own strengths;
- forming a health-saving educational environment: developing physical culture as an important factor in the harmonious development of the individual, high professional and labor activity, effective organization of a healthy lifestyle, highly productive labor and creative longevity;
- creating an information environment that promotes the development of creative abilities of students, communication culture in the process of exchanging socially significant information;
- creating a system of psychological support for students to ensure a comfortable mentoring environment at the university;

- integrating the students, forming a corporate community of students, teachers and all structural divisions;
- socio-cultural cooperation between the personality of the student and the university community;
- familiarizing the students with the wealth of national and world history and culture, mastering the communicative foundations of interaction.

1.3. Principles of organizing mentoring activities

When organizing mentoring activities, Penza State University is guided by the following principles:

- consistency and integrity, taking into account the unity and interaction of the constituent parts of the mentoring system of the university (content, procedures and organization);
- the humanistic nature of education, the priority of human life and health, the rights and freedoms of the individual, the free development of the individual, mentoring, mutual respect, diligence, citizenship, patriotism, responsibility, legal culture, respect for nature and the environment;
- organization of mentoring in the educational team and through the team;
- individual and differentiated approach to the object of mentoring;
- a combination of high demands to the person with respect for their dignity and care for them;
- consistency and continuity in mentoring;
- subject-subject interaction in the systems "student - student", "student - academic group", "student - teacher", "teacher - academic group";
- the priority of initiative, independence, self-fulfillment of students in educational and extracurricular activities, social partnership in the joint activities of participants in the educational and mentoring processes;
- co-management as a combination of administrative management and student self-government, students' independence in choosing options for mentoring activities;
- awareness, completeness of information, information exchange, taking into consideration the unity and interaction of direct and feedback.

2. FORMS AND TERMS OF IMPLEMENTING MENTORING ACTIVITIES AT PENZA STATE UNIVERSITY

In accordance with a systematic approach to the problem of mentoring student youth, the implementation of the university mentoring function is carried out together with educational activities (in the classroom, in extracurricular activities in the disciplines studied) and extracurricular mentoring work at the university.

This area of activity is organized by teachers of specific training courses. This work is done after class. Its forms are varied: theme evenings, competitions, watching movies and video films, participation of students in research and subject groups, conferences, reading sessions, clubs and associations, holding weeks of departments, meetings with practitioners, etc.

Heads of departments coordinate and direct this work. Specific forms, methods are determined by the teachers themselves, taking into account the direction of training, the study group, the age and individual characteristics of the students.

Extracurricular mentoring activities organized by the departments open up wide opportunities for integrity, active use of interdisciplinary connections, in which individual events can be carried out by several teachers of related disciplines.

Universal competencies are also formed during the development of disciplines throughout the entire period of study in the educational programme.

2.1. Scope of mentoring at Penza State University:

Priority areas:

— Civic focus

Aim:

forming a civic identity among students, manifested as an awareness of belonging to the community of their state, which has a significant meaning for a young person, as well as preventing extremism and promoting interethnic tolerance through knowledge, skills and abilities to regulate interpersonal and interethnic relations and enhancing the culture of interpersonal and international relations.

Objectives:

- creating conditions for developing tolerance among young students and mentoring of aesthetic, legal, political culture, prerequisites for forming a humanistic worldview, an active citizenship;

- forming students' experience of civic behavior;

- introducing students to civic values.

Expected outcomes:

- knowledge and ideas of students about the concepts of "citizen", "citizenship", "civic society";

- focus of students on civic values;

- willingness of students to implement civic behavior.

• Outcome indicators:

- participation of students in various civic events

- participation of students in civic projects.

— Spiritual and moral focus

Aim:

The spiritual and moral focus presupposes spiritual and moral education of students for them to orient on such values as person, family, truth, love, labour, knowledge, culture, home land, Earth (as common home for mankind), peace (peace and harmony among nations), right behaviour and non-violence.

Objectives:

- forming spiritual and moral values;

- forming students' awareness of the inextricable connection with previous generations, fidelity to the historical, spiritual and cultural traditions of the home land;

- forming students' ideas about true family values, orientation towards marriage, respect for the institution of the family in general and for family members in particular, as well as respect for working people and the older generation;

- developing a humane attitude towards people, kindness, mercy, responsiveness, compassion, other ethical standards and qualities.

Expected outcomes:

- conscious perception and acceptance of family values;

- adherence to national and universal values in personal and public life;

- development of traditional Russian values;

- prevention of deviant behavior.

Outcome indicators:

- participation of students in various spiritual and moral events;
- participation of students in spiritual and moral projects.

— **Patriotic focus**

Aim:

The patriotic focus includes creating conditions to increase civic responsibility for the fate of the home land, enhance the level of consolidation in society, solve problems of ensuring national security and sustainable development, strengthen citizenship, ensure continuity of generations, educate people who love home land and family, have active life position.

Objectives:

- students' awareness of personal responsibility for the preservation and enhancement of the spiritual, national, cultural and economic potential of their home land;
- forming patriotic consciousness among students; love for their home land, a sense of community with their people; respect for the history of Russia, readiness to defend the home land and work for its benefit;
- veneration of national symbols, shrines and heroes by student youth; respect for the merits to the home land of the older generation.

Expected outcomes:

- students' knowledge and ideas about the concepts of "patriotism", "patriot", "home land" and the attitude of students to the home land, to the world, to the Earth, to work, to man;
- orientation of students to patriotic values that take the form of a motive of patriotic behavior;

Outcome indicators:

- participation of students in various patriotic events;
- participation of students in patriotic projects.

Variative focus:

— **Cultural and educational focus**

Aim:

expanding outlook of students for them to find a worthy place in society, be useful for the people and state. It aims at developing social responsibility and cultural enlightenment. Students should be familiar with traditions and history and respect memorable dates.

Objectives:

- formation, preservation and enhancement of university corporate traditions that instil in students a sense of unity, involvement in the affairs of the university, awareness of the significance and social status of the student;
- creation of an information environment which contributes to developing students' creative abilities, communication culture in the process of exchanging socially significant information;
- preservation, dissemination and enhancement of the cultural, spiritual, moral and aesthetic values of mankind.

Expected outcomes:

- ability to fulfil oneself, to find one's place in society;
- understanding of social responsibility and cultural enlightenment.
- increasing the level of students' general culture.

Outcome indicators:

- participation of students in competitions and grants on socially significant issues;
- participation of students in socially important events.

— Environmental focus**Aim:**

forming ecological thinking, necessary moral and aesthetic views on nature and place of human as part of nature, scientific understanding of environmental problems, active life position in environmental protection, rational use of natural resources. In their activities, teachers have to make students aware of complexity of environmental issues and make them understand the necessity to follow the rules of behaviour when interacting with nature.

Objectives:

- awareness of the global nature of environmental problems and ways to solve them; interrelations of health, ecological quality of the environment and ecological culture of a person;
- formation of a system of skills and abilities of interaction with nature, aimed at implementing expedient environmental activities;
- formation of a philosophical understanding of the importance of ecology for humans;
- formation of ecological culture among students.

Expected outcomes:

- awareness of the role as a citizen and consumer in the context of the relationship of natural, technological and social environments;
- understanding of interrelation of health, ecological quality of environment and ecological culture of the person;
- willingness to participate in the practical activities focused on the environment.

Outcome indicators:

- student participation in environmental activities;
- number of participants, winners and prize-winners of environmental contests.

— Physical education**Aim:**

promoting and supporting healthy lifestyle and ensuring health-saving environment, promoting physical culture and sports, holding mass sports events, competitions, preventing and combating smoking, drug and other harmful addictions. At the university it is driven by the physical education system and developed extensive sports facilities providing easy and simple access to sports within the educational and extracurricular process.

Objectives:

- formation of physical culture of the student's personality, taking into account their individual abilities, health status and motivation;
- formation of a health-saving educational environment: development of physical culture as an important factor in the harmonious development of the individual, high professional and labor activity, effective organization of a healthy lifestyle, highly productive labor and creative longevity;
- prevention of bad habits;
- education of moral and volitional qualities, self-control in future specialists;

- organization of active leisure and recreation of students as a specific form of implementing educational and health-improving processes.

Expected outcomes:

- increasing the level of physical, mental, psychological and social health of all participants in the educational process.

Outcome indicators:

- sports activities;
- increase in the percentage of students involved in sports sections;
- involvement of students in a healthy lifestyle.

— Professional and labour focus

Aim:

Familiarising students with professional activity and related functions in accordance with the study field and qualification level. Professional and labour education involves forming labour motivation, teaching basic principles of building professional career and behaving in the labour market, familiarizing with traditions and values of the professional community, norms of corporate ethics, creative approach to personal development in the chosen professional field, creating conditions for creative and professional personal fulfilment, etc.

Objectives:

- formation of corporative community of students, teachers and all structural divisions;
- formation of a conscious attitude to the chosen profession;
- formation of professional ethics and communication culture.
- organization of students' acquaintance with the world of professions both through the subject and through extracurricular forms of educational work.

Expected outcomes:

- conscious attitude to professional duty and work, respect for the working man;
- willingness to carry out professional activities on the basis of formed professionally significant personal qualities;
- conscious attitude to one's achievements in major subjects;
- desire for self-improvement and professional development.

Outcome indicators:

- involvement of students in the work of groups, clubs, sections, associations, creative teams aimed at the professional and personal development of students;
- participation of students in job fairs, events dedicated to professional holidays;
- attraction of students to participate in various conferences, competitions and promotions of a professional focus.

2.2. Priority areas in teaching, learning and mentoring system of Penza State University

The types of student activity include:

- Project activity;
- Learning and research;
- Volunteering;
- Social, cultural, creative, leisure activity;
- -Student and youth international cooperation;
- Organization of significant events (civic, patriotic, research, social, cultural, sports, etc.);
- Other types of student activity.

2.3 Forms and methods of mentoring

The university uses traditional and modern forms and methods of mentoring according to the stages of students' socialization. These forms are implemented in various options for organizing a specific process, under which the aim, objectives, principles, laws, methods and techniques of mentoring are combined.

The forms of mentoring include:

- According to the number of participants - individual (person-to-person interaction in the teacher- student system); group (creative teams, sports teams, clubs, hobby groups, etc.), mass (festivals, olympiads, holidays, volunteer clean-ups, etc.);
- According to the target, position of participants, objective mentoring opportunities - events, affairs, games, etc.;
- According to the time of activity - short-term, long-term, traditional;
- According to the type of activity - labour, sports, art, scientific, social, etc.;
- According to the result - socially significant result, information exchange, solution development.

The methods of mentoring are classified in the following way:

Methods of forming personal outlook	Methods of organising activity and forming behaviour	Methods of motivating activity and behaviour
Conversation, dispute, suggestion, instruction, control, explanation, example, clarification, story, personal monitoring, advice, persuasion, etc.	Task, public opinion, pedagogical requirement, assignment, accustoming, creating educational situations, training, exercise, etc.	Approval, encouraging social activity, censure, creating situations for success, creating situations for emotional and moral experience, competition, etc.

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Internet resources:

Website	Website description
http://community.edu-project.org/	Methodical website of the laboratory of methods of information support for the development of education of Moscow Institute of Open Education.
http://fgosvo.ru	Portal of the Federal State Educational Standards of Higher Education
https://foresight.hse.ru/projects/	International Scientific and Educational Foresight Center
http://живаяистория-россии.рф	All-Russian multifunctional civic-patriotic platform "Living History of Russia"
https://vsekonkursy.ru	Vse Konkursy ("All contests") website
https://myrosmol.ru	Website of the AIS "Youth of Russia"
http://fadm.gov.ru	Official website of the Federal Agency for Youth Affairs (Rosmolodezh)
http://megapoisk.com/rossiyskie-molodejnyie-i-studencheskie-organizatsii_sites-all	Russian youth and student organizations: a selection of sites
https://moeobrazovanie.ru/partners_molodejnie_smi.htm	Youth media: publications and portals
https://student.itmo.ru/ru/project/	ITMO Student Office
https://studvesna.info	Russian student spring
http://timolod.ru	TIMOLOD.RF - youth information portal (Novosibirsk)

Modern databases:

Website	Website address	Description of the website content
Methodological association	http://www.vmo.rgub.ru/policy/internet.php	Virtual methodological association of libraries and organizations working with youth. It contains materials about youth organizations, modern problems of youth, technologies for working with youth.
Rosmolodezh	https://fadm.gov.ru	Information of the Federal Executive Authority in Russia, which performs the functions of providing public services and managing state property in the field of state youth policy, implementing measures aimed at ensuring a healthy lifestyle for young people, moral and patriotic education and to promote the realization by young people of their professional opportunities
Single window of access to information resources	http://window.edu.ru/catalog/	Materials on youth policy, mentoring and educating children.
Znaniy	https://znaniy.ru/	Textbooks, teaching aids and articles on the organization of work with the youth.
“Prostranstvo”	www.prostranstvo.ru	Youth and information portal
National Council of Youth and Children's Associations of Russia	www.youthrussia.ru	Materials on organizing work of youth and children's associations

4. Ways of recognising and encouraging social activity

The ways of recognising student achievements and social involvement are: achievements portfolio, volunteering record sheets, electronic journal, etc.

The ways of encouraging student extracurriculars are: certificates, letters of gratitude, entries on the Board of Honour, diplomas, expression of gratitude, presentation of experience and findings (seminar, exhibition, publication, etc.), personal scholarships, one-time cash payments, valuable gifts, funding of participation in olympiads, forums, competitions, etc.

Forms of presenting achievements and methods of assessing competences development within extracurriculars:

Area	Form	Assessment method
Civic	Project, campaign, competition, forum, review, report, conference, round table discussion, debate, etc.	Expert review, assessment harmonisation, review, peer review, self-analysis, character reference, diploma, certificate.
Spiritual and moral	Festival, project, concert, stage performance, contest, creative report, etc.	Review, self-evaluation, self-analysis, diploma, certificate.
Patriotic	Festival, concert, exhibition, forum, etc.	Review, self-evaluation, self-analysis, character reference, diploma, certificate.
Cultural and educational	Campaign, rally, competition, contest, forum, report, performance, festival, exhibition, etc.	Review, self-evaluation, self-analysis, character reference, questioning.
Environmental	Campaign, rally, competition, forum, etc.	Review, self-evaluation, self-analysis, diploma, certificate
Physical education	Campaign, rally, competition, contest, etc.	Refereeing, self-analysis, review, certificate, diploma.
Professional and labour	Project, exhibition, fair, excursion, contest, presentation, exhibition, etc.	Expert review, assessment harmonisation, testing, questioning, self-analysis, character reference.

5. Schedule of mentoring activities

Area of mentoring activities	Date, place, time and format	Name of the event	Form of the event	Department / person in charge	Number of participants / percentage	Number of academic hours
I, III, V, VII, IX SEMESTERS						
Module 1. Civic mentoring						
civic	1 September Temp Sports and Culture Centre	Special event in honour of Knowledge Day	concert	OESW CC	40%	2
	1 November Cinema and Concert Hall, Building 5	Special event dedicated to the University Day	concert	OESW CC	20%	2
	November Cinema and Concert Hall, Building 5	Concert in honour of the Day of National Unity	concert	OESW CC	20%	2
	November according to the schedule of mentoring activities offline online	Mentoring classes dedicated to the Day of National Unity	conversation lecture	OESW	100%	2
	Throughout the year offline online PSU rooms	Programme for preventive work aimed at preventing the involvement of young people in terrorist and extremist activities	conversation campaign contest	OESW IIC	100%	2
	September – October PSU rooms	Organisation of socio-psychological monitoring of students of general education organizations and vocational education organizations, as well as higher	questionnaire	OESW	30%	2

	online	education organizations of the Penza Region in the 2024/2025 academic year using the Unified Methodology for Socio-Psychological Monitoring				
	Throughout the year According to the schedule of mentoring classes offline online	Organisation of meetings of students with specialists of law enforcement agencies on the prevention of drug addiction	conversation lecture	OESW Mentors of academic groups	100%	2
	Throughout the year online	Conducting online questionnaires on the research and communication platform "Caring Person"	questionnaire	OESW	100%	2
	Throughout the year According to the schedule of mentoring classes Offline Online	Organization of meetings of students with specialists of law enforcement agencies on the prevention of illegal behavior Preventive meetings with specialists of law enforcement agencies of the Russian Federation	conversation lecture	OESW IIC Mentors of academic groups	100%	2
	October Offline and online	Organization of socio-psychological monitoring on the topic of civic values and attitudes towards extremism and terrorism	questionnaire	OESW	100%	2
	November Offline PSU rooms	Roundtable discussions on strengthening interethnic cooperation	conversation dispute	OESW IIC	20%	2
	November Offline Impulse Training Centre Residence Hall no. 2	Conducting trainings on the topic: "Prevention of socially negative behavior", "Tolerance towards oneself and others. Tolerance in communication", "Intercultural interaction"	training game conversation	OESW	40%	2
	Throughout the year	Participation in events organized by the Ministry of Science and Higher Education of the Russian Federa-	campaign contest	OESW	10%	2

	Offline Online Venues of Penza	tion, the Ministry of Education of the Penza Region, municipal authorities.	lecture conversation survey training festival game			
	Throughout the year Impulse Training Centre Rooms for psychological counselling StudProstranstvo ("StudSpace")	Psychological club for promoting traditional family values "In the Family Circle"	training workshop conversation game	OESW	20%	2
	Throughout the year Offline Online Venues of Penza	Participation in events organized by the Ministry of Science and Higher Education of the Russian Federation, the Ministry of Education of the Penza Region, municipal authorities.	campaign contest lecture conversation survey training festival game	OESW	20%	2
	Throughout the year Offline Online PSU rooms	Participation in scientific and other conferences, roundtables on youth issues and youth policy	lecture conversation dispute	OESW CC IIC	20%	2
	Throughout the year	Organization of charitable events "We are for peace!" in orphanages, social shelters	campaign concert	OESW Campus Vice-Rector for ESW	20%	2

		Faculty activities				
	3 September offline online PSU rooms and venues	Campaign “Say No to Terrorism!” dedicated to the Day of Solidarity in the Fight Against Terrorism	campaign flash mob	Deputy Dean for ESW Mentors of aca- demic groups SGC FCE	50%	2
	Throughout the year offline online PSU rooms	Roundtable on the topic “Essence of Terrorism”	conversation lecture dispute	Deputy Dean for ESW Mentors of aca- demic groups SGC FCE	50%	2
	Throughout the year offline online PSU rooms	Roundtable on the topic “Prevention of Drug Addic- tion Among Students”	conversation lecture dispute	Deputy Dean for ESW Mentors of aca- demic groups SGC FCE	50%	2
	Throughout the year offline online PSU rooms	Campaign “Fight Against Smoking and Drug Addic- tion”	conversation campaign lecture survey	Deputy Dean for ESW Mentors of aca- demic groups SGC FCE	50%	2
	Throughout the year offline online	Organisation of charity campaigns for children with disabilities “Do Good!”	campaign concert	Deputy Dean for ESW SGC FCE Heads of aca- demic groups Student organis- ers	10%	2
	Department activities					
	Throughout the year	Forum “Prevention of Extremism: Negative Conse- quences in the Field of IT Crimes”	conversation lecture	Mentors and heads of aca-	60%	2

	offline online PSU rooms		dispute	demic groups		
		<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' knowledge and understanding of criminal and administrative liability for offences connected with drug trafficking; - students' awareness of the liability incurred for the possession, sale, or trafficking of narcotic drugs; - students' willingness to conduct preventive work at the university; - students' participation in various sociological surveys conducted by the Ministry of Science and Higher Education of the Russian Federation on the research and communication platform "Caring Person" ; - studying student youth based on various fields of sociological research; - students' knowledge and understanding of the concepts of "citizen", "civic consciousness", and "civic society"; - students' awareness of civic values; - students' willingness to engage in civic conduct; - students' self-identity as students of Penza State University who share its values and corporate culture; - fostering social awareness and social responsibility; - fostering multicultural and multifaith worldview; - fostering intergenerational continuity and celebrating the multi-ethnic heritage of the region; - fostering students' awareness of their involvement in the socially active category of the population. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in various preventive activities; - students' knowledge of criminal and administrative responsibility for the production, trafficking, storage, and shipment of narcotic drugs; - extending respondent coverage using the research and communication platform; - receiving the results of studies on student youth in various areas; - students' participation in various civic activities; - students' participation in civic projects; - increasing student participation in faculty and university activities; - fostering intergenerational continuity and celebrating the multi-ethnic heritage of the region; - students' multicultural awareness; 				

		- students' multifaith awareness.				
		Formed competences				
		Bachelor's degree	Specialist's degree	Master's degree		
		UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s) UC-5. Ability to perceive intercultural diversity of society in socio-historical, ethical and philosophical contexts UC-8. Ability to create and maintain safe living conditions in everyday life including in the event of emergencies UC-11. Ability to form intolerant attitude towards corrupt behavior	UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction UC-5. Ability to analyze and take into account cultural diversity in the process of intercultural interaction UC-8. Ability to create and maintain safe living conditions in everyday life including in the event of emergencies UC-11. Ability to form intolerant attitude towards corrupt behavior	UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction UC-5. Ability to analyze and take into account the diversity of cultures in the process of intercultural interaction UC-6. Ability to define and implement priorities of their own activity and ways of its improvement based on self-assessment		
Module 2. Patriotic mentoring						
patriotic	Throughout the year according to the schedule of mentoring classes offline online	Mentoring classes dedicated to courage and heroism, lessons in courage	conversation lecture	CC OESW Mentors of academic groups	10%	2
	December Offline PSU rooms	“Day of Heroes”	conversation lecture meeting	CC	30%	2
	Throughout the year according to the addresses of residence offline	Patronage of veterans of the Great Patriotic War and labour	meeting	CC	30%	2

	According to an individual schedule offline	Organization and holding of events for the military-patriotic mentoring of students	a number of events	MTC CC	30%	2
	Throughout the year Offline Mitrofanievskoye cemetery	Organization of patronage by volunteers over the places of mass graves at the Mitrofanievskoye cemetery	campaign	Faculties and institutes	30%	2
	Throughout the year	Improvement of burial sites of university veterans and participant of the Great Patriotic War	campaign	CC	20%	20
	Throughout the year offline online PSU departments	Music club "Let's sing, friends", aimed at patriotic education and development of musical and singing abilities	club	CC DCPW	30%	2
		Faculty activities				
	Throughout the year according to the schedule of mentoring classes	Mentoring classes dedicated to courage and heroism, classes of courage	conversation lecture	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
	December Online Offline PSU rooms	Quiz "Heroes Are Near Us" in honour of Heroes of the Fatherland Day	contest quiz	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of aca-	20%	2

				demic groups Student organis- ers		
Department activities						
December, Feb- ruary, May Online Offline PSU rooms	Mentoring classes on the topic of "Heroes Are Among Us"		Roundtable discus- sion	Mentors of aca- demic groups	35%	2
	<p>Expected outcomes:</p> <ul style="list-style-type: none"> - identification of latent and explicit risk-generating factors of socio-psychological conditions that form a mental set for addictive behaviour in young people; - early detection of non-medical use of narcotic drugs and psychotropic substances; - students' knowledge and understanding of the concepts of "family institution" and "family values"; - forming students' orientation towards family values, forming a positive public opinion about the family, preparing students to make responsible choices and ensure conscious parenting; - fostering a sustained interest in the country's cultural heritage among the younger generation; - preserving the memory of the great historical events of the Great Patriotic War; - cultivating respect for the memory of the defenders of the Fatherland; - identifying and supporting talented individuals; - improving the performance skills of creative teams and performers; - promoting the heroic history and military glory of the homeland through artistic means - forming students' knowledge and understanding of the concepts of "patriotism", "patriot", "homeland", and students' attitude towards the homeland, the world, the land, labour, and humanity; - forming students' orientation towards patriotic values, which take the form of motivation for patriotic behaviour; - fostering respect for the older generation and the perception of the experience of older generations; - correlating upbringing with educational technologies within the framework of patriotic education. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - identifying a high and low probability of students being involved in addictive behaviour; - students' participation in events aimed at strengthening traditional family values; - creating conditions for psychological support of young people, with the opportunity to discuss the most pressing problems arising in young families, to share experiences and learn how to find resources and effective solutions in order to strengthen 					

		the system of positive attitudes towards the family, correct personal characteristics in the perspective of marriage and family relations, and improve the climate in relationships through the work of the student family club; - assessing the degree of psychological resilience in difficult life situations; - students' participation in various events dedicated to Victory Day; - students' participation in various patriotic events; - students' participation in patriotic projects; - forming students’ understanding of the continuity of the historical process; - fostering a sense of responsibility for preserving the historical memory of the homeland.					
		Formed competences:					
		Bachelor’s degree	Specialist’s degree	Master’s degree			
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-2. Ability to identify the range of tasks within the framework of the goal in hand and choose the best ways to solve them, based on current legal norms, available resources and restrictions UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s) UC-5. Ability to perceive intercultural diversity of society in socio-historical, ethical and philosophical contexts	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC – 2. Ability to manage a project at all stages of its life cycle UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction UC-5. Ability to analyze and take into account cultural diversity in the process of intercultural interaction	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-2. Ability to manage a project at all stages of its life cycle. UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction UC-5. Ability to analyze and take into account the diversity of cultures in the process of intercultural interaction			
Module 3. Spiritual and moral mentoring							
spiritual and moral	September-October Offline Cinema and Concert Halls, Buildings 5 and 11	Inter-faculty talent contest “Fresher” within implementing the programme for first-year students’ adaptation	concert contest	OESW CC IIC	60%	2	

	Offline Cinema and Concert Hall, Building 5	Final of the KVN teams festival “Rector’s Cup”	concert contest	CC IIC	60%	2
	November Offline Assembly Hall, Building 11	Beauty and Talent Contest “Miss World. Folk Queen”	concert contest	IIC	10%	2
	December Offline Cinema and Concert Hall, Building 5	Inter-faculty beauty contest “Miss University”	contest	OESW CC	60%	2
	Offline Throughout the academic year	Interactive educational meetings of international students and school students of Penza and the Penza Region “We Are Different – We Are Together” (Classes of Friendship)	project	IIC	10%	2
	November Offline Cinema and Concert Hall, Building 5	Celebration dedicated to International Student Day	concert	OESW CC	20%	2
	September- October Offline Cinema and Concert Halls, Buildings 5 and 11	All-Russian cultural and educational forum "Fire-bird"	forum concert	OESW DCPW	60%	2
	November Culture and Lei- sure Centre, Penza	Inter-university contest “Student Family”	contest	OESW Students’ labour union committee	20%	2
	December	Dance contest “Forma”	concert	PLUOS PSU	60%	2

	Offline Cinema and Concert Hall, Building 5		contest			
	Throughout the year online PSU residence halls	Contest of news posters for students living in residence halls	contest	Campus	60%	2
	According to an individual schedule September-May Offline	Organizing the work of a creative student team “Photo Studio”	workshop	CC E.G. Syagaylo A.V. Rastorguev	20%	2
	According to an individual schedule September-May Offline	Organizing the work of a creative student team “Youth Student Choir”	workshop	CC L.V. Ershova	20%	2
	According to an individual schedule September-May Offline	Organizing the work of a creative student team “School of KVN”	workshop	CC M. Kichatov	20%	2
	According to an individual schedule September-May Offline	Organizing the work of a creative student team “Fashion Theatre”	workshop	CC A.V. Komleva	20%	2
	According to an individual schedule September-May Offline	Organizing the work of a creative student team “Student Theatre «Kirillitsa»”	workshop	CC K.A. Butin	20%	2
	Throughout the	Participation of students in city, regional, Russian	concert	CC	20%	2

	year Offline	and international festivals and amateur art competition (“The Sura Beauty”, “All-Russian Student Spring”, “Young Faces of Russian Student Community”)	festival contest			
	Throughout the year Offline Building 11, PSU	Creative workshop aimed at the spiritual and moral education of students "Meeting with Interesting People"	conversation workshop	DCPW	60%	2
	Throughout the year Offline Building 11, PSU	Creative workshop aimed at the spiritual and moral education of students “Club of Antiquity Fans «By Word of Mouth»”	conversation workshop	DCPW	20%	2
	Throughout the year Offline Building 11, PSU	Creative workshop “School of Eloquence”	conversation lecture workshop	DCPW	20%	2
	Throughout the year Offline Online PSU depart- ments	Music club "Let's Sing, Friends", aimed at patriotic education and development of musical and singing abilities	club	DCPW CC	20%	2
	October Offline Cinema and Concert Hall, Building 9	Contest of young hosts “Golden Microphone”	contest	DCPW	20%	2
	Throughout the year Offline Schools of Penza	Cultural marathon “Around the World in Two Semesters”	project	IIC	10%	2
	December Offline Building 1, 8 &	International scientific and practical conference for international students “Intercultural communication in the modern world”	conference	IIC	10%	2

	11					
		Faculty activities				
	October Offline Online	Campaign dedicated to the birthday of M. Yu. Lermontov	campaign contest	Deputy Dean for ESW SGC FCE Heads of academic groups Student organisers	10%	2
	November Offline Online Cinema and Concert Hall, Buildings 5 & 11	Mother's Day	campaign concert	Deputy Dean for ESW SGC FCE Heads of academic groups Student organisers	50%	2
	December Offline Online PSU venues	Pixel snow	campaign contest	Deputy Dean for ESW SGC FCE Heads of academic groups Student organisers	10%	2
	December Offline Online PSU venues	Secret Santa	campaign	Deputy Dean for ESW SGC FCE Heads of academic groups Student organisers	10%	2
		Department activities				
	December Offline Online	Unusual facts about the lives of the greatest IT specialists from different times	quiz thematic stand	Mentors of academic groups	20%	2

Expected outcomes:

- identification of talented performers of folk songs, support for their creative activities, preservation of the continuity of folk singing culture;
- development, expansion, and strengthening of cultural ties among student youth, preservation and enhancement of Russian traditional culture;
- formation of artistic and aesthetic culture, humanistic and aesthetic attitude to the world; comprehensive development of personality;
- improvement of the level of artistic and aesthetic upbringing and education;
- development of social activity among students, teachers, and leaders of various services and departments in the field of artistic, aesthetic, and patriotic education and self-education;
- conscious perception and adoption of family values;
- adherence to national and universal values in personal and public life;
- cultivation of an active life position;
- unleashing the creative potential of students;
- focus on developing important soft and hard skills;
- nurturing a creative generation capable of solving problems in unconventional ways.

Achieved outcomes:

- enhancing knowledge of Russian traditional culture through a series of educational, creative, and constructive events for 1,000 thousand students from higher and secondary educational institutions in 14 regions of the Volga Federal District within the framework of the Volga Cultural and Educational Forum "Firebird — Penza";
- introducing students to folk art and involving them in events aimed at preserving traditional culture;
- student participation in various events and projects of a spiritual and moral orientation;
- unleashing students' creative potential;
- developing essential personal skills in students oriented towards self-determination and working in conditions of uncertainty.

Formed competences

Bachelor's degree	Specialist's degree	Master's degree
UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-2. Ability to identify the range of tasks within the framework of the goal in hand and choose the best ways to solve them, based on current legal norms, available re-	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-2. Ability to manage a project at all stages of its life cycle UC-3. Ability to organize and man-	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-2. Ability to manage a project at all stages of its life cycle. UC-3. Ability to organize and manage the

		sources and restrictions UC-3. Ability to carry out social interaction and implement their role in a team UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)	age the team work, developing a team strategy to achieve the set goal UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction	work of a team, developing a team strategy to achieve the set goal UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction
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Module 4. Physical education

physical	Throughout the year Offline PSU sports grounds	Mass sports interfaculty competition "Spartakiad among PSU Faculties"	competition	Department of Physical Education SSC "Berkut" Sport club	60%	2
	Throughout the year Offline PSU sports grounds	Mass sports interfaculty competition for students living in residence halls "Spartakiad"	competition	Department of Physical Education SSC "Berkut" Sport club Staff office of students' teams Campus	60%	2
	Throughout the year Offline PSU sports grounds	Organizing participation of university sports teams and athletes in competitions of city, regional, Russian and international levels	competition	Department of Physical Education	20%	2
	Throughout the year Offline Sports and recreation facilities	Organising university students' visits to sports and recreation facilities of the city		PLUOS PSU	30%	2

	of the city					
	Throughout the year Offline Online PSU rooms	Delivering talks and lectures on personal hygiene and healthy lifestyle involving specialists and public organizations representatives	conversation lecture	OESW	100%	2
	Throughout the year Offline PSU sports grounds	Organizing participation of students in the All-Russian Youth Physical Education Project "From student credit to GTO distinction sign" (intra-university stage and regional stage)	competition	SSC "Berkut"	20%	2
	Throughout the year according to the schedule	Organizing students' participation in Championship of the Association of Student Sports Clubs of Russia (intra-university and regional stages)	competition	SSC "Berkut"	20%	2
	Throughout the year Offline PSU venues	Esports Games	competition	SSC "Berkut"	15%	2
	September	Students for Run	Mass run	SSC "Berkut" Institute of Sport and Physical Training PSU	15%	2
	Throughout the year Offline PSU sports grounds	Organizing the work of sports sections	workshops	SSC "Berkut"	30%	2
	November-March Offline PSU building 9	Contest of information materials aimed at preventing alcoholism, tobacco smoking, counteracting the spread and use of drugs	contest	OESW	20%	2
	December-	Futsal Winter Tournament	tournament	IIC	10%	2

	January Offline PSU sports grounds		contest			
	Throughout the year Offline PSU sports grounds	Goodwill Games	tournament contests	IIC	10%	2
		Faculty activities				
	Throughout the year Offline PSU sports grounds	Conducting competitions in various sports	competitions	Deputy Dean for ESW SGC FCE Student organis- ers	10%	2
	Throughout the year Offline PSU sports grounds Sports and rec- reation facilities of the city	Cup of the Faculty of Computer Engineering in Esports	game competition	Deputy Dean for ESW SGC FCE Student organis- ers	10%	2
	Throughout the year Offline PSU sports grounds Sports and rec- reation facilities of the city	#LEARNING TO PLAY	game competition	Deputy Dean for ESW SGC FCE Student organis- ers	10%	2

	Throughout the year Offline Online	Campaign “What do we know about HIV?”	campaign conversation lecture	Deputy Dean for ESW SGC FCE Student organis- ers	50%	2
	Department activities					
	October Offline Online PSU rooms	Selection in competitive puzzle and fighting games	game competition	Academic organis- ers	25 people	4
		Expected outcomes: - <i>reducing the negative effects of intensive study in the educational organisation;</i> - <i>improving the quality of physical, cognitive, mental and social health for all participants in the educational process;</i> - <i>popularising student sports;</i> - <i>creating new multisport projects.</i> Achieved outcomes: - <i>students’ participation in various sport activities;</i> - <i>increasing the number of students attending sports clubs;</i> - <i>students’ engagement in a healthy lifestyle;</i> - <i>popularising new sports.</i>				
		Formed competences				
		Bachelor’s degree	Specialist’s degree	Master’s degree		
		UC-7. Ability to maintain the proper level of physical fitness to ensure full so- cial and professional activities UC-8. Ability to create and maintain safe living conditions in everyday life includ- ing in the event of emergencies	UC-7. Ability to maintain the proper level of physical fitness to ensure effi- cient social and professional activity UC-8. Ability to create and maintain safe living conditions including in the event of emergencies			
Module 5. Environmental mentoring						
environmental	Throughout the year	Participation in the campaign for cleaning the forest on the path of health "Penza is a clean city"	campaign	OESW Deputy Director	20%	2

	Offline Penza venues			/ Deputy Dean for ESW		
	Throughout the year Offline Penza venues	Participation in the city's annual environmental event "Clean Bank"	campaign	OESW Deputy Director / Deputy Dean for ESW	20%	2
	Throughout the year Offline	Participation of volunteers in the days of joined ac- tions, ecoquest and other All-Russian events organ- ized by the Association of "Green" Universities of Russia	campaign	OESW Deputy Director / Deputy Dean for ESW	10%	2
	Throughout the year Offline	Improvement of the University territory and adjacent territories	campaign	OESW Deputy Director / Deputy Dean for ESW	20%	2
	October-April Offline Areas adjacent to halls of resi- dence	Campaign for cleaning the territories adjacent to the PSU halls of residence "Ecological Patrol"	campaign	Campus IIC	100%	2
		Faculty events				
	Throughout the year Offline	Improvement of the area allocated to the faculty	campaign	Deputy Dean Heads of de- partments Head of labora- tory Mentors of aca- demic groups	100%	2
	Throughout the year According to an individual schedule Offline	Participation in community clean-up days	campaign	Deputy Dean Heads of de- partments Head of labora- tory Mentors of aca- demic groups	100%	2

		Expected outcomes: - students’ awareness of their role as both citizen and consumer in the context of the interconnection of natural, technological, and social environments; - students’ understanding of the relationship between health, environmental quality, and human ecological culture; - students’ willingness to participate in practical environmental activities. Achieved outcomes: - students’ participation in environmental activities; - a high number of participants, winners, and runners-up in environmental contests.				
		Formed competences				
		Bachelor’s degree	Specialist’s degree	Master’s degree		
		UC-7. Ability to maintain the proper level of physical fitness to ensure full social and professional activities UC-8. Ability to create and maintain safe living conditions in everyday life including in the event of emergencies	UC-7. Ability to maintain the proper level of physical fitness to ensure efficient social and professional activity UC-8. Ability to create and maintain safe living conditions including in the event of emergencies			
Module 6. Professional and labour mentoring						
professional and labour	September 1 Offline Temp Sports and Culture Centre	Special event for first-year students “Knowledge Day”	concert flash mob	OESW CC	38%	2
	Throughout the year Offline Cinema and concert hall, Building 5 and Building 11	Evening meetings dedicated to study fields at faculties	concert	Heads of departments OESW	100%	2
	Throughout the year Online	Organizing PSU students’ participation in contests for obtaining personal scholarships	contest	OESW	10%	2

Throughout the year Offline Online	The activities of the student committee for the quality of education (questionnaires for students, participation in the discussion of regulatory documents governing the educational process, etc.)	questionnaires analysis debates conversations	OESW SQM	50%	2
October Offline	School of the Student Labour Union of PSU		PLUOS PSU	30%	2
Throughout the year Offline PSU premises	Contest "The best academic group"	contest	OESW SGC PSU	50%	2
October Offline PSU premises	Fair of educational places and educational services	interactive consultation	CAPUT IOE	1000 people	2
September Offline PSU premises	PSU Open Days	interactive consultation	CAPUT IOE	2000 people	2
September – December Offline PSU buildings	Campaign "Become a PSU student for one day"	seminar lecture event	CAPUT IOE	120 people	2
September – December Offline	Excursion tours around PSU	excursion	CAPUT IOE IIC	300 people	2
October Offline PSU premises	All-Russian campaign "Week without pass barriers"	excursion	CAPUT IOE RCGEA	250 people	2
September-December Offline PSU premises Premises of industrial enterprises in Penza	University Saturdays at PSU	interactive consultation testing	CAPUT IOE	1200 people	2
October	Day of Enterprise at PSU	meeting	RCGEA	200 people	2

	Offline PSU premises		conversation			
	December Offline PSU premises	Day of career in 1C	meeting	RCGEA	150 people	2
	Throughout the year Offline PSU premises	PSU Employment School Meetings of second-fifth year students of the university with employers on recruitment, internships and practical training	meeting conversation	RCGEA	800 people	2
	Throughout the year	Intellectual games: "What? Where? When?", brain ring	game competition	OESW SGC PSU Vice-Director / Vice-Dean for ESW	20%	2
	Throughout the year Offline PSU museum complex	Popularizing the achievements of science and cultural and educational work (excursion work of the museum complex, a series of open lectures)	exhibition lecture	CC RO	50%	2
	Throughout the year Offline Online PSU premises	Implementing additional educational programmes for student activists and volunteers in areas of extracurricular activities (School-seminar for volunteers on the prevention of antisocial behavior)	lecture workshop conversation game	OESW SGC PSU	30%	2
	Throughout the year Offline Online	Organization and participation of students in district and all-Russian forums	forum	OESW SGC PSU	10%	2
	Throughout the year Offline Online Temp Sports and Culture	Organizing and conducting training for student activists on the basis of the training center under the programmes: "School of Personal Growth and Student Self-Government "Impulse", "Tutorship", "Academy of PSU Volunteers"	lecture training workshop game	OESW	10%	2

	Centre					
	Throughout the year	Conducting workshops and trainings in designing and implementing student projects	workshop training	OESW SGC PSU	10%	2
	Offline					
	Online					
	Throughout the year	Organizing training of PSU student activists in All-Russian schools and forums	forum	OESW SGC PSU	10%	2
	Offline					
	Throughout the year	Conducting and organizing the PSU youth award "Students of the Year"	contest	OESW SGC PSU	10%	2
	Offline					
	November-February	Interfaculty contest "The best PSU tutor"	contest	OESW SGC PSU	10%	2
	Offline					
	Cinema and Concert Hall, Building 9					
	October	All-Russian Festival of science	contests lectures work-shops quizzes	RO	10%	2
	Offline					
	Online					
	PSU premises					
	February-December	Contest of research projects "Rector's grants" among students of Penza State University in bachelor's degree, specialist's degree, master's degree, residency programmes on their own initiative and teams of student scientific groups and student design bureaus	contest	RO	80 people	2
	Offline					
	Online					
		Faculty activities				
	1 September	Welcome, fresher!	meeting conversation	Dean Deputy Dean Heads of departments Mentors of academic groups SGC FCE	100%	2
	Offline					
	PSU rooms					

	September – October Offline PSU rooms and venues	Quest for first-year students	game	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	100%	2
	Throughout the year Offline	Contest “Best Academic Group of the Faculty”	contest	Dean Deputy Dean Mentors of academic groups Heads of academic groups	100%	2
	November – December Offline Online Cinema and concert Hall, Building 9	Mathematical Études	workshop concert	Department of Higher and Applied Mathematics Mentors of academic groups SGC FCE Heads of academic groups Student organisers	20%	2
	November – December Offline Online PSU rooms	Conducting meetings with students’ parents	meeting conversation analysis	Dean’s office Heads of departments Mentors of academic groups	100%	2
	Throughout the year	Campaign “Week Without Passes”	campaign	Deputy Dean Mentors of academic groups	100%	2

				SGC FCE Heads of academic groups Academic organisers		
Throughout the year Offline Online PSU rooms	Organising the work of the student counselling centre “First Aid”		consultation lecture conversation	Deputy Dean Mentors of academic groups SGC FCE SSS FCE Heads of academic groups Academic organisers	10%	2
Throughout the year Offline Online PSU rooms	Meetings with employers		lecture conversation workshop quiz	Deputy Dean Heads of departments Department workers in charge of student employment Mentors of academic groups	50%	2
December – February Offline Online	Contest of research projects "Rector's grants" among students of the Faculty of Computer Engineering in bachelor's degree and specialist's degree on their own initiative and teams of student scientific groups and student design bureaus		contest	RO	7 people	2
Department activities						
October – November Offline	Autumn meetups		workshop	Academic organisers	25 people	4

	Online PSU rooms					
	November Offline Online PSU rooms	Workshop by Neoflex Company on How to Pass an IT Company Interview	workshop	Mentors of academic groups Academic organisers	40 people	2
	December Offline Online Outside PSU	World's Championship of Teams in Programming	contest	Mentors of academic groups Academic organisers	5 people	6
	December Offline Online PSU rooms	IT Project Management international course	lecture conversation workshop	Mentors of academic groups Academic organisers	40 people	2
	<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' conscious attitude towards professional duty and work, respect for the people of work; - students' willingness to carry out professional activities based on the formed professionally significant personal qualities; - students' conscious attitude towards their achievements in the field of study; - students' striving for self-improvement and professional development. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - involvement of students in the work of clubs, associations, and creative teams aimed at the professional and personal development of students; - students' participation in events dedicated to professional holidays; - involving students in various conferences, contests, and campaigns of professional orientation. 					
	Formed competences					
	Bachelor's degree	Specialist's degree		Master's degree		
	UC-6. Ability to manage their time, build and implement a trajectory of self-development based on the principles of life-long education UC-9. Ability to use basic defectological knowledge in social and professional spheres	UC -6. Ability to determine and implement the priorities of their own activity and ways of improving it based on self-evaluation and lifelong education UC-9. Ability to use basic knowledge in defectology in social and professional		UC-3. Ability to organize and manage the work of a team, developing a team strategy to achieve the set goal UC-6. Ability to define and implement priorities of their own activity and ways of its improvement based		

		UC-10. Ability to make informed economic decisions in various areas of life UC-11. Ability to form an intolerant attitude towards corrupt behavior	spheres UC-10. Ability to make grounded economic decisions in various areas of life UC-11. Ability to form intolerant attitude towards corrupt behavior	on self-assessment		
Module 7. Cultural and educational mentoring						
cultural and educational	Throughout the year Offline Cultural and historical places of the region	Organizing tourist trips to memorable places of cultural and historical heritage of the Penza region and the Russian Federation	excursion	OESW PLUOS PSU IIC	10%	2
	Throughout the year Offline Online PSU premises	Exposition and exhibition work (exhibitions dedicated to memorable dates, personal creative exhibitions, creative evenings)	exhibition	OESW CC Campus	30%	2
	Throughout the year Online	Placing up-to-date information and news in the information stands "Educational and social work at PSU" in university buildings and campus halls of residence	post	OESW Deputy Director / Deputy Dean for ESW Campus	100%	2
	Throughout the year Online	Information support of extracurricular activities on the University official website and social networks	post	OESW CC SGC PSU	100%	2
	Throughout the year Online	Preparing information materials on public holidays of the Russian Federation	post	OESW	100%	2
	Throughout the year Offline PSU museum complex	Popularising the achievements of science and cultural and educational work (excursion work of the museum complex, a series of open lectures)	exhibition lecture	CC RO	50%	2

	November-March Offline PSU, Building 9	Contest of information materials aimed at preventing alcoholism, tobacco smoking, counteracting the spread and use of drugs	contest	OESW IIC	50%	2
		Faculty activities				
	Throughout the year Online	Informational support for extracurricular activities on the official university/faculty website and media platforms	post	Deputy Dean SGC FCE	10%	2
	Throughout the year Offline Online PSU rooms	Conducting conversations with students about the internal order at the university, the organisation of the educational process, and the rights and obligations of students	meeting conversation	Dean Deputy Dean for ESW Mentors of academic groups	100%	2
	September – October Online Offline PSU rooms Cinema and Concert Hall, Building 9	Day of Literacy (two rounds)	contest quiz	Deputy Dean for ESW SGC FCE Mentors of academic groups Heads of academic groups Student organisers	100%	2
	Throughout the year Online Offline PSU rooms Schools of Penza and the Penza Region	Career guidance campaign “TRIP TO SCHOOL” for school students of Penza and the Penza Region	meeting workshop conversation	Dean Deputy Dean Heads of departments SGC FCE	10%	2
	Throughout the year Offline PSU rooms	Meetings with film publicist and historian V.N. Milyaev	meeting conversation dispute	Deputy Dean for ESW Mentors of academic groups	50%	2

				Heads of academic groups Student organisers		
	Throughout the year Offline Online PSU rooms	Trainings for students on acquaintance, team spirit, and personal growth	training workshop conversation	Deputy Dean for ESW Mentors of academic groups SGC FCE	20%	2
		<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' skills of self-realisation and social integration; - students' awareness of their social responsibility and cultural education; - cultivating public presence and skills of presenting socially significant information; - focusing on teamwork in education. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in contests and grants for solving socially significant problems; - students' participation in socially significant activities; - fostering students' information literacy; - students' skills in creating texts for online publication (copywriting). 				
		Formed competences				
		Bachelor's degree	Specialist's degree	Master's degree		
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction		
Module 8. Student self-governance						
student self-governance	November Offline Cinema and	Univervision Song Contest	concert contest	CSPA SGC PSU	60%	2

	Concert Hall, Building 5					
	Throughout the year Online Offline Student Space Temp Sports and Culture Centre	Implementation of All-Russian Student Project “Your Turn” at PSU	contest	CSPA SGC PSU	60%	20
	September Offline Polytechnic Camp	Rally of student public associations	competition	OESW SGC PSU	10%	2
	Throughout the year Offline Online Temps Sports and Culture Centre Student Space	Organising and conducting training for student activists at the training centre in the programmes “Impulse School of Personal Growth and Student Self-Governance”, “Tutorship”, and “PSU Academy of Volunteers”	lecture training workshop game	OESW	10%	2
	Temp Sports and Culture Centre Student Space	Conducting workshops and trainings on designing and implementing student projects	workshop training	OESW SGC PSU	10%	2
	Throughout the year Offline	Organising training for student activists in all-Russian schools and forums	forum	OESW CSPA SGC PSU	10%	2
	November – February Offline Cinema and Concert Hall, Building 9	Interfaculty contest “Best Tutor of PSU”	contest	OESW SGC PSU	10%	2

	Faculty activities					
	August – September Online Offline PSU rooms and venues	School of Tutors	meeting conversation workshop lecture	SGC FCE	10%	2
	September Offline Online PSU rooms and venues	School of Academic Group Heads	conversation workshop	Dean’s Office Deputy Dean SGC FCE	10%	2
	September – October Online Offline PSU rooms Cinema and Concert Hall, Building 9	Meeting of student activists of the Faculty of Computer Engineering with first-year students	meeting conversation		100%	2
	November – December Offline Online Cinema and Concert Hall, Building 9	Contest “Best Tutor of the Faculty of Computer Engineering”	contest	Deputy Dean for ESW SGC FCE Tutors	5%	2
	Throughout the year Offline Online	Introductory training in project activities	workshop training	Deputy Dean for ESW SGC FCE Mentors of academic groups	10%	2
	Department activities					
	November	Participation in career guidance activities	workshop	Mentors of aca-	10%	2

	Outside PSU		interactive game	demic groups Heads of aca- demic groups SGC		
		<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' skills of self-realisation and social integration; - students' awareness of their social responsibility and cultural education; - cultivating public presence and skills of presenting socially significant information; - focusing on teamwork in education; - students' participation in contest tracks and implementation of initiatives for the benefit of the university and the region; - participations in surveys and monitoring aimed at assessing satisfaction with the level of implementation of youth policy and educational activities at the university. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in contests and grants for solving socially significant problems; - students' participation in socially significant activities; - fostering students' information literacy; - students' participation in contest tracks, development of a leadership-like conduct strategy and teamwork skills, and implementation of project activities in education. 				
		Formed competences				
		Bachelor's degree	Specialist's degree	Master's degree		
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction		
Module 9. Volunteering						
volunteering	Throughout the year	Implementation of supplementary educational programmes for student activists and volun-	lecture workshop	OESW SGC PSU	25%	2

	Offline online PSU premises	teers in extracurricular activities (School-seminar for volunteers on prevention of anti-social behaviour)	conversation game			
Faculty activities						
	Throughout the year Offline Online	Informing and attracting volunteers	meeting conversation workshop	Deputy Dean for ESW SGC FCE Mentors of academic groups	25%	2
	Throughout the year Offline Online	Participation of volunteers in organising faculty activities in extracurricular activities	meeting workshop conversation contest game	Dean's Office Mentors of academic groups SGC FCE	20%	2
	September – October	School of Volunteers	meeting conversation	Deputy Dean for ESW SGC FCE Mentors of academic groups	10%	2
	October Offline Pitomets Centre for Working with Homeless Animals	Campaign dedicated to World Animal Day	campaign	Deputy Dean for ESW SGC FCE Volunteers	10%	2
Department activities						
	November	"People with Burning Hearts"	roundtable discussion	Mentors of academic groups Heads of academic groups SGC	10%	2
		Expected outcomes:				

		<ul style="list-style-type: none"> - students' conscious perception of volunteering activities and the acceptance of volunteering values; - pursuit of national and human values in both personal and social life; - cultivating an active life stance; - focus on developing soft and hard skills. <p>Achieved results:</p> <ul style="list-style-type: none"> - students' participation in spiritual and moral activities; - students' participation in projects; - implementation of social initiatives; - students' realisation of their most important personal skills necessary for self-determination. 		
		Formed competences		
		Bachelor's degree	Specialist's degree	Master's degree
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction

Area of mentoring activities	Date, place, time and format	Name of the event	Form of the event	Department / person in charge	Number of participants / percentage	Number of academic hours
II, IV, VI, VIII, X SEMESTERS						
Module 1. Civic mentoring						
civic	Throughout the year offline online PSU rooms	Programme for preventive work aimed at preventing the involvement of young people in terrorist and extremist activities	conversation campaign contest	OESW IIC	100%	2
	Throughout the year	Organization of meetings of students with specialists of law enforcement agencies on the	conversation lecture	OESW IIC	100%	2

	According to the schedule of mentoring classes Offline Online	prevention of illegal behavior Preventive meetings with specialists of law enforcement agencies of the Russian Federation		Mentors of academic groups		
	April Offline	Organization of socio-psychological monitoring on the topic of civic values and attitudes towards extremism and terrorism	questionnaire	OESW	100%	2
	March Offline PSU rooms	Roundtable discussions on strengthening interethnic cooperation	conversation dispute	OESW IIC	20%	2
	March Offline Impulse Training Centre Residence Hall No. 2	Conducting trainings on the topic: "Prevention of socially negative behavior", "Tolerance towards oneself and others. Tolerance in communication", "Intercultural interaction"	training game conversation	OESW	100%	2
	Throughout the year Offline Online Venues of Penza	Participation in events organized by the Ministry of Science and Higher Education of the Russian Federation, the Ministry of Education of the Penza Region, municipal authorities.	campaign contest lecture conversation survey training festival game	OESW	20%	2
	Throughout the year Offline Online PSU rooms	Participation in scientific and other conferences, roundtables on youth issues and youth policy	lecture conversation dispute	OESW CC IIC	20%	2
	Throughout the year	Organization of charitable events "We are for peace!" in orphanages, social shelters	campaign concert	OESW Campus Vice-Rector for ESW	20%	2

		Faculty activities				
	Throughout the year offline online PSU rooms	Roundtable on the topic “Essence of Terrorism”	conversation lecture dispute	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
	Throughout the year According to the schedule of mentoring classes Offline Online	Mentoring classes aimed at forming students’ negative attitude towards drug abuse and explaining the current law regulating criminal and administrative liability for drug trafficking	conversation lecture	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	100%	2
	Throughout the year offline online PSU rooms	Campaign “Fight Against Smoking and Drug Addiction”	conversation campaign lecture survey	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
		Expected outcomes: <i>- students’ knowledge and understanding of the concepts of “citizen”, “civic consciousness”, and “civic society”;</i>				

- *students' awareness of civic values;*
- *students' willingness to engage in civic conduct;*
- *students' self-identity as students of Penza State University who share its values and corporate culture;*
- *fostering social awareness and social responsibility;*
- *fostering multicultural and multifaith worldview;*
- *fostering intergenerational continuity and celebrating the multi-ethnic heritage of the region;*
- *fostering students' awareness of their involvement in the socially active category of the population.*

Achieved outcomes:

- *students' participation in various civic activities;*
- *students' participation in civic projects;*
- *increasing student participation in faculty and university activities;*
- *fostering intergenerational continuity and celebrating the multi-ethnic heritage of the region;*
- *students' multicultural awareness;*
- *students' multifaith awareness.*

Formed competences

Bachelor's degree	Specialist's degree	Master's degree
UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s) UC-5. Ability to perceive intercultural diversity of society in socio-historical, ethical and philosophical contexts UC-8. Ability to create and maintain safe living conditions in everyday life including in the event of emergencies UC-11. Ability to form intolerant attitude towards corrupt behavior	UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction UC-5. Ability to analyze and take into account cultural diversity in the process of intercultural interaction UC-8. Ability to create and maintain safe living conditions in everyday life including in the event of emergencies	UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction UC-5. Ability to analyze and take into account the diversity of cultures in the process of intercultural interaction UC-6. Ability to define and implement priorities of their own activity and ways of its improvement based on self-assessment

			UC-11. Ability to form intolerant attitude to-wards corrupt behavior			
Module 2. Patriotic mentoring						
Patriotic	Throughout the year according to the schedule of mentoring classes offline online	Mentoring classes dedicated to courage and heroism, lessons in courage	conversation lecture	OESW Mentors of academic groups	100%	2
	May Offline Monument “They fought for their home land” PSU premises	Ceremonial demonstration with the laying of flowers as part of the patriotic programme "Our Victory"	demonstration	OESW CC	20%	2
	May Offline PSU exhibition complex	Contest of student photographs "No one is forgotten, nothing is forgotten" as part of the pa-triotic programme "Our Victory"	contest	CC	10%	2
	May Official PSU internet resources	Project “Generational Relay: We Remember! We Are Proud!”	campaign	CC OIPPR	100%	20
	May	International student forum “Dialogue of Cul-tures”	forum	CC	30%	10
	Throughout the year according to the addresses of resi-dence offline	Patronage of veterans of the Great Patriotic War and labour	meeting	CC	30%	2
	May Offline	International St. George’s martial arts festival “For the Faith and Fatherland”	festival	IIC	10%	2

	May Offline PSU premises	Athletics relay race as part of the patriotic programme "Our Victory"	sports competition	Department of Physical Education Sports Club	30%	2
	May Offline PSU exhibition complex	Film screening dedicated to the anniversary of the Victory in the Great Patriotic War	film screening conversation	CC	50%	2
	May Offline Temp Sports and Culture Centre	Ceremonial concert dedicated to the Victory in the Great Patriotic War	concert	OESW CC	40%	2
	February Offline Online Venues of Penza and the Penza Region	Organizing and participating in events at the city and regional levels and organizing university events dedicated to the Defender of the Homeland Day	contest questionnaire concert festival	OESW	20%	2
	May offline Venues of Penza and the Penza Region	Participating in the events of the city and regional levels dedicated to Victory Day	campaign contest conversation survey concert	OESW CC	20%	2
	According to an individual schedule offline	Organization and holding of events for the military-patriotic mentoring of students	a number of events	MTC CC	50%	2
	Throughout the year Offline Mitrofanievskoye cemetery	Organization of patronage by volunteers over the places of mass graves at the Mitrofanievskoye cemetery	campaign	Faculties and institutes	30%	2
		Faculty events				

	Throughout the year according to the schedule of mentoring classes	Mentoring classes dedicated to courage and heroism, classes of courage	conversation lecture	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
	February Online Offline PSU rooms	Quiz “Defenders of the Fatherland”	contest quiz	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	20%	2
	February – May Offline PSU rooms	Meetings with the veterans of the Great Patriotic War and labour	meeting	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
	April Offline Online	Participation in the All-Russian Campaign “Day of Unified Action to Commemorate the Victims of Crimes Against the Soviet People Committed by Nazis and their Accomplices	campaign film screening	Deputy Dean for ESW Mentors of academic	50%	2

		during the Great Patriotic War”		groups SGC FCE Heads of academic groups Student organisers		
	April – May Offline PSU venues	Contest of posters dedicated to Victory Day	contest	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
	May Online	Campaign “#5DaysOfVictory”	campaign post	Deputy Dean for ESW SGC FCE	75%	2
	May Offline Online PSU venues	“On the Same Path with the Past”	campaign	Deputy Dean for ESW Mentors of academic groups SGC FCE Heads of academic groups Student organisers	50%	2
	May Online	Campaign “We Remember You!”	campaign	Deputy Dean for ESW Mentors of academic groups	50%	2

				SGC FCE Heads of academic groups Student organisers		
		<p>Expected outcomes:</p> <ul style="list-style-type: none"> - forming students' knowledge and understanding of the concepts of "patriotism", "patriot", "homeland", and students' attitude towards the homeland, the world, the land, labour, and humanity; - forming students' orientation towards patriotic values, which take the form of motivation for patriotic behaviour; - fostering respect for the older generation and the perception of the experience of older generations; - correlating upbringing with educational technologies within the framework of patriotic education. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in various patriotic events; - students' participation in patriotic projects; - forming students' understanding of the continuity of the historical process; - fostering a sense of responsibility for preserving the historical memory of the homeland. 				
		Formed competences:				
		Bachelor's degree	Specialist's degree	Master's degree		
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-2. Ability to identify the range of tasks within the framework of the goal in hand and choose the best ways to solve them, based on current legal norms, available resources and restrictions UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s) UC-5. Ability to perceive intercultural diversity of society in socio-historical, ethical and philosophical contexts	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC – 2. Ability to manage a project at all stages of its life cycle UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction UC-5. Ability to analyze	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-2. Ability to manage a project at all stages of its life cycle. UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction UC-5. Ability to analyze and take into account the diversity of cultures in the process of intercultural interaction		

			and take into account cultural diversity in the process of intercultural interaction			
Module 3. Spiritual and moral mentoring						
spiritual and moral	February Offline Cinema and Concert Hall, Building 5	Final of the KVN teams festival “Rector’s Cup”	concert contest	CC	10%	2
	January Offline Cultural venues of the city	Celebration of Russian Students Day “Tatyana’s Day”	concert	OESW CC	35%	2
	March – April Offline Cinema and Concert Halls, Buildings 5 & 11	Interfaculty talent show “Student Spring”	concert contest	OESW CC	35%	2
	Throughout the year Online PSU residence halls	Contest of news posters for students living in residence halls	contest	Campus	60%	2
	Throughout the year Online PSU residence halls	Contest of photography for students living in residence halls	contest	Campus	30%	2
	Offline	Interactive educational meetings of interna-	project	IIC	10%	2

Throughout the year	tional students and school students of Penza and the Penza Region “We Are Different – We Are Together” (Classes of Friendship)				
May Offline	International student forum “Dialogue of Cultures”	forum	ICC	10%	2
According to the individual schedule September – May Offline	Organising the work of a creative student team “Photo Studio”	workshop	CC E.G. Syagaylo A.V. Rastorguev	20%	2
According to an individual schedule September-May Offline	Organizing the work of a creative student team “Youth Student Choir”	workshop	CC L.V. Ershova	20%	2
According to an individual schedule September-May Offline	Organizing the work of a creative student team “School of KVN”	workshop	CC M. Kichatov	20%	2
According to an individual schedule September-May Offline	Organizing the work of a creative student team “Fashion Theatre”	workshop	CC A.V. Komleva	20%	2
According to an individual schedule September-May Offline	Organizing the work of a creative student team “Student Theatre «Kirillitsa»”	workshop	CC K.A. Butin	20%	2
Throughout the year Offline	Participation of students in city, regional, Russian and international festivals and amateur art competition (“The Sura Beauty”, “All-Russian	concert festival contest	CC	20%	2

		Student Spring”, “Young Faces of Russian Student Community”)				
Throughout the year Offline Building 11, PSU		Creative workshop aimed at the spiritual and moral education of students "Meeting with Interesting People"	conversation workshop	DCPW	60%	2
Throughout the year Offline Building 11, PSU		Creative workshop aimed at the spiritual and moral education of students “Club of Antiquity Fans «By Word of Mouth»”	conversation workshop	DCPW	20%	2
Throughout the year Offline Building 11, PSU		Creative workshop “School of Eloquence”	conversation lecture workshop	DCPW	20%	2
February Offline Cinema and Concert Hall, Building 5		Annual interfaculty talent show “Hey, Guys!”	contest	CC	30%	2
May Offline Temps Sports and Culture Centre		Ceremonial concert dedicated to the Victory in the Great Patriotic War	concert	OESW	10%	2
throughout the year offline online PSU departments		Music club "Let's sing, friends", aimed at patriotic education and development of musical and singing abilities	club	DCPW	20%	2
throughout the year offline online PSU departments		Music and poetry club "Faces" (Liki), aimed at developing creative abilities and skills	club	DCPW	20%	2

	Throughout the year Offline Schools of Penza	Cultural marathon “Around the World in Two Semesters”	project	IIC	10%	2
		Faculty activities				
	February Offline Cinema and Concert Hall, Building 5	Final of the KVN teams festival “FCE Dean’s Cup”	contest	Deputy Dean for ESW SGC FCE Student organisers	10%	2
	March Offline Online PSU venues	Campaign dedicated to International Women’s Day	campaign	Deputy Dean for ESW SGC FCE Student organisers	10%	2
	May – June Offline Cinema and Concert Hall, Building 5	FCEmmy Awards	meeting concert	Deputy Dean for ESW SGC FCE	50%	2
		Expected results: - conscious perception and adoption of family values; - adherence to national and universal values in personal and public life; - cultivation of an active life position; - unleashing the creative potential of students; - focus on developing important soft and hard skills; - nurturing a creative generation capable of solving problems in unconventional ways. Achieved results: - students’ participation in various events of a spiritual and moral orientation; - students’ participation in projects of a spiritual and moral orientation; - unleashing students' creative potential;				

		<i>- developing essential personal skills in students oriented towards self-determination and working in conditions of uncertainty.</i>				
		Formed competencies				
		Bachelor’s degree	Specialist’s degree	Master’s degree		
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-2. Ability to identify the range of tasks within the framework of the goal in hand and choose the best ways to solve them, based on current legal norms, available resources and restrictions UC-3. Ability to carry out social interaction and implement their role in a team UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-2. Ability to manage a project at all stages of its life cycle UC-3. Ability to organize and manage the team work, developing a team strategy to achieve the set goal UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-2. Ability to manage a project at all stages of its life cycle. UC-3. Ability to organize and manage the work of a team, developing a team strategy to achieve the set goal UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction		
Module 4. Physical education						
physical	May Offline Penza sports ground	Athletics marathon "Cross of Nations"	competition	Department of Physical Education, SSC «Berkut», Sport club	60%	2
	Throughout the year Offline	Mass sports interfaculty competition "Spartakiad among PSU faculties"	competition	Department of Physical Education,	60%	2

	PSU sports grounds			SSC «Berkut», Sport club		
	February Offline Olympic Alley	Mass sports interfaculty competition "Ski track of Russia"	competition	Department of Physical Education, SSC «Berkut», Sport club Staff office of students' teams Campus	60%	2
	Throughout the year Offline PSU sports grounds	Mass sports interfaculty competition for students living in residence halls "Spartakiad"	competition	Department of Physical Education, SSC «Berkut», Sport club Staff office of students' teams Campus	60%	2
	January Offline Penza region villages	Organizing a winter student campaign (career guidance, social programme, national projects, promotion of a healthy lifestyle)	concert	OESW CC	30%	2
	Throughout the year Offline Sports grounds	Organizing participation of university sports teams and athletes in competitions of city, regional, Russian and international levels	competition	Department of Physical Education	20%	2
	Throughout the year Offline Sports and recreation facilities of the city	Organizing university students' visits to sports and recreation facilities of the city	workshop	PLUOS PSU	30%	2
	Throughout the	Delivering talks and lectures on personal hy-	conversation	OESW	100%	2

	year Offline Online PSU rooms	giene and healthy lifestyle involving specialists and public organizations representatives	lecture			
	Throughout the year Offline PSU sports grounds	Organizing participation of students in the All-Russian Youth Physical Education Project "From student credit to GTO distinction sign" (intra-university stage and regional stage)	competition	SSC "Berkut"	30%	2
	Throughout the year according to the schedule	Organizing students' participation in Championship of the Association of Student Sports Clubs of Russia (intra-university and regional stages)	competition	SSC "Berkut"	20%	2
	Throughout the year Offline PSU sports grounds	Organizing the work of sports sections	workshops	SSC "Berkut"	30%	2
	Throughout the year Offline PSU sports grounds	Phyigital Games	competition	SSC "Berkut"	10%	2
	Throughout the year Offline PSU sports grounds	Esports Games	competition	SSC "Berkut"	15%	2
	November – March Offline PSU Building 9	Contest of information materials aimed at preventing alcoholism, tobacco smoking, counteracting the spread and use of drugs	contest	OESW	20%	2

	Throughout the year PSU sports grounds	Good Will Games	tournament contest	IIC	10%	2
		Faculty activities				
	Throughout the year Offline PSU sports grounds	Conducting competitions in various sports	competitions	Deputy Dean for ESW SGC FCE Student organisers	10%	2
	Throughout the year Offline PSU sports grounds Sports and recreation facilities of the city	Cup of the Faculty of Computer Engineering in Esports	game competition	Deputy Dean for ESW SGC FCE Student organisers	10%	2
	Throughout the year Offline PSU sports grounds Sports and recreation facilities of the city	#LEARNING TO PLAY	game competition	Deputy Dean for ESW SGC FCE Student organisers	10%	2
	Throughout the year Offline Online	Campaign “What do we know about HIV?”	campaign conversation lecture	Deputy Dean for ESW SGC FCE Student organisers	40%	2
		Expected outcomes: - reducing the negative effects of intensive study in the educational organisation; - improving the quality of physical, cognitive, mental and social health for all participants in the educational process;				

		<ul style="list-style-type: none">- popularising student sports;- creating new multisport projects. <p>Achieved outcomes:</p> <ul style="list-style-type: none">- students’ participation in various sport activities;- increasing the number of students attending sports clubs;- students’ engagement in a healthy lifestyle;- popularising new sports.				
		Formed competences				
		Bachelor’s degree	Specialist’s degree	Master’s degree		
		UC-7. Ability to maintain the proper level of physical fitness to ensure full social and professional activities UC-8. Ability to create and maintain safe living conditions in everyday life including in the event of emergencies	UC-7. Ability to maintain the proper level of physical fitness to ensure efficient social and professional activity UC-8. Ability to create and maintain safe living conditions including in the event of emergencies			
Module 5. Environmental mentoring						
environ- mental	Throughout the year Offline Penza venues	Participation in the campaign for cleaning the forest on the path of health "Penza is a clean city"	campaign	OESW Deputy Director / Deputy Dean for ESW	20%	2
	Throughout the year Offline Penza venues	Participation in the city's annual environmental event "Clean Bank"	campaign	OESW Deputy Director / Deputy Dean for ESW	20%	2
	Throughout the year Offline	Participation of volunteers in the days of joined actions, ecoquest and other All-Russian events organized by the Association of “Green” Universities of Russia	campaign	OESW Deputy Director / Deputy Dean for ESW	10%	2
	Throughout the year	Improvement of the University territory and adjacent territories	campaign	OESW Deputy Director /	100%	2

	Offline			Deputy Dean for ESW		
	October-April Offline Areas adjacent to halls of residence	Campaign for cleaning the territories adjacent to the PSU halls of residence "Ecological Patrol"	campaign	Campus IIC	100%	2
		Faculty activities				
	Throughout the year Offline	Improvement of the area allocated to the faculty	campaign	Deputy Dean Heads of departments Head of laboratory Mentors of academic groups	100%	2
	Throughout the year According to an individual schedule Offline	Participation in community clean-up days	campaign	Deputy Dean Heads of departments Head of laboratory Mentors of academic groups	100%	2
		Expected outcomes: - students' awareness of their role as both citizen and consumer in the context of the interconnection of natural, technological, and social environments; - students' understanding of the relationship between health, environmental quality, and human ecological culture; - students' willingness to participate in practical environmental activities. Achieved outcomes: - students' participation in environmental activities; - a high number of participants, winners, and runners-up in environmental contests.				
		Formed competences				
		Bachelor's degree	Specialist's degree	Master's degree		
		UC-7. Ability to maintain the proper level of physical fitness to ensure full social and professional activities UC-8. Ability to create and maintain safe living conditions in everyday life including in the	UC-7. Ability to maintain the proper level of physical fitness to ensure efficient social and professional activity			

		event of emergencies	UC-8. Ability to create and maintain safe living conditions including in the event of emergencies			
Module 6. Professional and labour mentoring						
professional and labour	Throughout the year Offline Cinema and concert hall, Building 5 and Building 11	Evening meetings dedicated to study fields at faculties	concert	Heads of departments OESW	100%	2
	May – July Offline Cinema and Concert Halls, Building 5 & 11	Events dedicated to awarding diplomas to graduates	concert	Heads of departments OESW	100%	2
	Throughout the year Online	Organizing PSU students' participation in contests for obtaining personal scholarships	contest	OESW	10%	2
	May – August Offline	Organizing the work of pedagogical and construction teams from among university students		OESW CC	30%	2
	Throughout the year Offline Online	The activities of the student committee for the quality of education (questionnaires for students, participation in the discussion of regulatory documents governing the educational process, etc.)	questionnaires analysis debates conversations	OESW SQM	50%	2
	Throughout the year Offline PSU premises	Contest “The best academic group”	contest	OESW SGC PSU	50%	2
	January	PSU Open Days	interactive consul-	CAPUT IOE	20%	2

	Offline PSU premises		tation			
	January Offline PSU premises	Exhibition “Education for the Future: New Opportunities and Prospects”	interactive consultation	CAPUT IOE	30%	2
	May Offline Cinema and Concert Hall Building 5	School leaving party for students of the Polytechnic school, PSU (engineering classes)	concert	CAPUT IOE	30%	2
	January-May Offline PSU buildings	Campaign “Become a PSU student for one day”	seminar lecture event	CAPUT IOE	20%	2
	January-May Offline	Excursion tours around PSU	excursion	CAPUT IOE IIC	20%	2
	April Offline PSU premises	All-Russian campaign "Week without pass barriers"	excursion	CAPUT IOE RCGEA	30%	2
	January-May Offline PSU premises	University Saturdays at PSU	Interactive consultation, testing	CAPUT IOE	20%	2
	February Offline PSU premises	Excursion event on the Day of Russian Science	excursion	CAPUT IOE	10%	2
	June Offline Area in front of Building 1, PSU	Exhibition of vintage cars	interactive consultation	CAPUT IOE	30%	2
	February Offline PSU premises	Programming Olympiad and Accounting Contest from Rarus-Soft LLC	contest	RCGEA	10%	2
	April Offline PSU premises	PSU Job Fair	meeting	RCGEA	10%	2
	Throughout the	PSU Employment School	meeting	RCGEA	10%	2

	year Offline PSU premises	Meetings of second-fifth year students of the university with employers on recruitment, internships and practical training	conversation			
	Throughout the year	Intellectual games: “What? Where? When?”, brain ring	game competition	OESW SGC PSU Vice-Director / Vice-Dean for ESW	10%	2
	Throughout the year Offline PSU museum complex	Popularizing the achievements of science and cultural and educational work (excursion work of the museum complex, a series of open lectures)	exhibition lecture	CC RO	10%	2
	February 8 Offline Cultural venues of Penza	Ceremonial event “Day of Science”	concert	OESW CC	30%	2
	Throughout the year Offline Online	Organization and participation of students in district and all-Russian forums	forum	OESW SGC PSU	10%	2
	April Offline Online PSU premises	University research conference “Current problems of science and education”	conference	RO	30%	2
	February-December Offline Online	Contest of research projects "Rector's grants" among students of Penza State University in bachelor's degree, specialist's degree, master's degree, residency programmes on their own initiative and teams of student scientific groups and student design bureaus	contest	RO	80 people	2
	January Offline PSU premises	Research conference “Eureka”	excursion	CAPUT IOE	100 people	2

		Faculty activities				
	Throughout the year Offline PSU premises	Contest “Best Academic Group of the Faculty”	contest	Dean Deputy Dean Hed of Departments Mentors of academic groups Heads of academic groups	100%	2
	January Offline PSU rooms	FCE Open Days	interactive consultation	Dean Deputy Dean Heads of departments	10%	2
	February – March Offline Online PSU rooms	Roundtable discussion “The Role of Student Self-Government in Education”	meeting conversation dispute analysis	Dean Deputy Dean Heads of departments Mentors of academic groups SGC FCE Heads of academic groups Student organisers Academic organisers	15 people	2
	March Offline Online PSU rooms	Week of science at the Polytechnic Institute	conference lecture workshop quiz	Dean Deputy Dean Heads of departments Mentors of academic groups SGC FCE	50%	2
	March Offline	All-Russian inter-university scientific and practical conference “Information Technologies in	conference	Dean Deputy Dean	10%	2

	Online PSU rooms	Science and Education. Issues and Prospects” (ARIUSPC)		Heads of Departments Mentors of academic groups SGC FCE		
	Throughout the year	Campaign “Week Without Passes”	campaign	Deputy Dean Mentors of academic groups SGC FCE Heads of academic groups Academic organisers	100%	2
	Throughout the year Offline Online PSU rooms	Organising the work of the student counselling centre “First Aid”	consultation lecture conversation	Deputy Dean Mentors of academic groups SGC FCE SSC Heads of academic groups Academic organisers	10%	2
	Throughout the year Offline Online PSU rooms	Meetings with employers	lecture conversation workshop quiz	Deputy Dean Heads of departments Department workers in charge of student employment Mentors of academic groups	50%	2
	December – February Offline	Selection stage for the contest of research projects "Rector's grants" among students of the Faculty of Computer Engineering in bachelor's	contest	RO	7 people	2

	Online	degree and specialist's degree on their own initiative and teams of student scientific groups and student design bureaus				
	Department activities					
	January – February Offline Online PSU rooms	Programme for student specialisation	lecture conversation workshop	Mentors of academic groups Academic organisers	50 people	2
	March – April Offline Online PSU rooms	Excursion to Cryptosoft IT enterprises in Penza	lecture conversation workshop	Mentors of academic groups Academic organisers	50 people	2
	<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' conscious attitude towards professional duty and work, respect for the people of work; - students' willingness to carry out professional activities based on the formed professionally significant personal qualities; - students' conscious attitude towards their achievements in the field of study; - students' striving for self-improvement and professional development. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - involvement of students in the work of clubs, associations, and creative teams aimed at the professional and personal development of students; - students' participation in events dedicated to professional holidays; - involving students in various conferences, contests, and campaigns of professional orientation. 					
	Formed competences					
	Bachelor's degree	Specialist's degree		Master's degree		
	UC-6. Ability to manage their time, build and implement a trajectory of self-development based on the principles of lifelong education UC-9. Ability to use basic defectological knowledge in social and professional spheres UC-10. Ability to make informed economic decisions in various ar-	UC -6. Ability to determine and implement the priorities of their own activity and ways of improving it based on self-evaluation and lifelong education UC-9. Ability to use basic knowledge in defectology in social and professional spheres UC-10. Ability to make grounded economic decisions in various areas of life UC-11. Ability to form intolerant attitude to-		UC-3. Ability to organize and manage the work of a team, developing a team strategy to achieve the set goal UC-6. Ability to define and implement priorities of their own activity and ways of its improvement based on self-assessment		

		eas of life UC-11. Ability to form an intolerant attitude towards corrupt behavior	wards corrupt behavior			
Module 7. Cultural and educational mentoring						
cultural and educational	Throughout the year Offline Cultural and historical places of the region	Organizing tourist trips to memorable places of cultural and historical heritage of the Penza region and the Russian Federation	excursion	OESW PLUOS PSU IIC	10%	2
	Throughout the year Offline Online PSU premises	Exposition and exhibition work (exhibitions dedicated to memorable dates, personal creative exhibitions, creative evenings)	exhibition	OESW CC Campus	30%	2
	Throughout the year Online	Placing up-to-date information and news in the information stands "Educational and social work at PSU" in university buildings and campus halls of residence	post	OESW Deputy Director / Deputy Dean for ESW Campus	100%	2
	Throughout the year Online	Information support of extracurricular activities on the University official website and social networks	post	OESW CC SGC PSU	100%	2
	Throughout the year Online	Preparing information materials on public holidays of the Russian Federation	post	OESW	100%	2
	March – April Offline PSU premises	Exhibition of archival documents “With No Time Limitation”	excursion	CC	50%	1
	May Official internet resources of the	Project “Generational Relay: We Remember! We Are Proud!”	campaign	CC OIPPR	100%	20

	university					
	November-March Offline PSU, Building 9	Contest of information materials aimed at preventing alcoholism, tobacco smoking, counteracting the spread and use of drugs	contest	OESW IIC	20%	
						2
	May Offline PSU exhibition complex	Film screening dedicated to the anniversary of the Victory in the Great Patriotic War	film screening conversation	CC	50%	2
	Faculty activities					
	Throughout the year Online	Informational support for extracurricular activities on the official university/faculty website and media platforms	post	Deputy Dean SGC FCE	10%	2
	Throughout the year Offline Online PSU rooms	Conducting conversations with students about the internal order at the university, the organisation of the educational process, and the rights and obligations of students	meeting conversation	Dean Deputy Dean for ESW Heads of departments Mentors of academic groups	100%	2
	Throughout the year Online Offline PSU rooms Schools of Penza and the Penza Region	Career guidance campaign “TRIP TO SCHOOL” for school students of Penza and the Penza Region	meeting workshop conversation	Dean Deputy Dean Heads of departments SGC FCE	10%	2
	Throughout the year Offline PSU rooms	Meetings with film publicist and historian V.N. Milyaev	meeting conversation dispute	Deputy Dean for ESW Mentors of academic groups Heads of academic groups Student organisers	50%	2

	Throughout the year Offline Online PSU rooms	Trainings for students on acquaintance, team spirit, and personal growth	training workshop conversation	Deputy Dean for ESW Mentors of academic groups SGC FCE Tutors	20%	2
		<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' skills of self-realisation and social integration; - students' awareness of their social responsibility and cultural education; - cultivating public presence and skills of presenting socially significant information; - focusing on teamwork in education. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in contests and grants for solving socially significant problems; - students' participation in socially significant activities; - fostering students' information literacy; - students' skills in creating texts for online publication (copywriting). 				
		Formed competences				
		Bachelor's degree	Specialist's degree	Master's degree		
		UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction	UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction		
Module 8. Student self-governance						
student self-governance	Throughout the year Online Offline	Implementation of All-Russian Student Project "Your Turn" at PSU	contest	CSPA SGC PSU	60%	20

	Student Space Temp Sports and Culture Centre					
	September Offline Polytechnic Camp	Rally of student public associations	competition	OESW SGC PSU	10%	2
	Throughout the year Offline Online Temps Sports and Culture Cen- tre Student Space	Organising and conducting training for student activists at the training centre in the programmes “Impulse School of Personal Growth and Student Self-Governance”, “Tutorship”, and “PSU Academy of Volunteers”	lecture training workshop game	OESW	10%	2
	Temp Sports and Culture Centre Student Space	Conducting workshops and trainings on designing and implementing student projects	workshop training	OESW SGC PSU	10%	2
	Throughout the year Offline	Organising training for student activists in all-Russian schools and forums	forum	OESW CSPA SGC PSU	10%	2
	Throughout the year Offline Temp Sports and Culture Centre Student Space	Organising and conducting PSU youth awards “Students of the Year”	contest	OESW SGC FCE	10%	2
	November – Feb- ruary Offline Cinema and Con- cert Hall, Build- ing 9	Interfaculty contest “Best Tutor of PSU”	contest	OESW SGC PSU	10%	2
	Faculty activities					
	Throughout the	Introductory training in project activities	workshop	Deputy Dean for	10%	2

	year Offline Online		training	ESW SGC FCE Mentors of aca- demic groups		
	Department activities					
	March – April Offline Online PSU premises	Discovering leadership skills	interactive game	Mentors of aca- demic groups Heads of academic groups SGC	10%	2
	<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' skills of self-realisation and social integration; - students' awareness of their social responsibility; - cultivating public presence and skills of presenting socially significant information; - focusing on teamwork in education; - students' participation in contest tracks and implementation of initiatives for the benefit of the university and the region; - participations in surveys and monitoring aimed at assessing satisfaction with the level of implementation of youth policy and educational activities at the university. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in contests and grants for solving socially significant problems; - students' participation in socially significant activities; - fostering students' information literacy; - students' participation in contest tracks, development of a leadership-like conduct strategy and teamwork skills, and implementation of project activities in education. 					
	Formed competences					
	Bachelor's degree	Specialist's degree		Master's degree		
	UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign lan-	UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and profes-		UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction		

		guage(s)	sional interaction			
Module 9. Volunteering						
volunteering	Throughout the year Offline online PSU premises	Implementation of supplementary educational programmes for student activists and volunteers in extracurricular activities (School-seminar for volunteers on prevention of antisocial behaviour)	lecture workshop conversation game	OESW SGC PSU	25%	2
	March – May Offline Cinema and Concert Hall, Building 9 Student Space	Inter-faculty contest “Volunteer of the Year”	contest	OESW SGC PSU	10%	2
	Faculty activities					
	Throughout the year Offline Online	Informing and attracting volunteers	meeting conversation workshop	Deputy Dean for ESW SGC FCE Mentors of academic groups	25%	2
	Throughout the year Offline Online	Participation of volunteers in organising faculty activities in extracurricular activities	meeting workshop conversation contest game	Dean’s Office Mentors of academic groups SGC FCE	20%	2
	May Offline Online	Campaign “Ribbon of Saint George”	campaign	Deputy Dean for ESW SGC FCE	50%	2
	Throughout the year Offline Online	Organisation of charity campaigns for children with disabilities “Do Good!”	campaign concert	Deputy Dean for ESW SGC FCE Heads of academic groups Student organisers	20%	2

Department activities					
April – May Outside PSU	Participation in career guidance activities	workshop	Mentors of academic groups Heads of academic groups SGC	10%	2
<p>Expected outcomes:</p> <ul style="list-style-type: none"> - students' conscious perception of volunteering activities and the acceptance of volunteering values; - pursuit of national and human values in both personal and social life; - cultivating an active life stance. <p>Achieved outcomes:</p> <ul style="list-style-type: none"> - students' participation in projects; - implementation of social initiatives; - students' realisation of their most important personal skills necessary for self-determination. 					
Formed competences					
Bachelor's degree		Specialist's degree		Master's degree	
UC-1. Ability to search, critically analyze information, apply a system approach to solve the tasks in hand UC-4. Ability to carry out business communication in oral and written forms in the state language of the Russian Federation and foreign language(s)		UC-1. Ability to critically analyze problem situations in the light of system approach, elaborate the strategy of activities UC-4. Ability to use modern communication technologies, including in foreign language (s), for academic and professional interaction		UC-1. Ability to carry out a critical analysis of problem situations based on a systems approach, developing an action strategy UC-4. Ability to apply modern communication technologies, including in a foreign language, for academic and professional interaction	

Abbreviations used:

MTC – Military Training Center

IIC – Institute of International Cooperation

RO – Research Office

DCPW– Department of Cultural and Project Work

PLUOS PSU – Primary Labour Union Organisation of Students of Penza State University

RCGEA – Regional Centre for Graduate Employment and Adaptation

SSC “Berkut” – Berkut Student Sports Club

SGC PSU – Student Government Council of Penza State University

SGC FCE – Student Government Council of the Faculty of Computer Engineering

SSS FCE – Student Scientific Society of the Faculty of Computer Engineering

Student organiser – a student organiser of an academic group at the Faculty of Computer Engineering

OESW – Office for Educational and Social Work

OINPR – Office for Information Policy and Public Relations

OSDQS – Office for Strategic Development and Quality Systems

CC – Cultural Centre

CAPUT IOE – Centre for Admission and Pre-University Training of the Institute of Ongoing Education

CSPA – Centre of Student Public Associations

The programme and schedule of mentoring was composed in compliance with the requirements of the Federal State Educational Standard of Higher Education within the course 09.03.01 Informatics and Computer Engineering, Bachelor's degree programme Applied Artificial Intelligence, approved by order of the Ministry of Science and Higher Education of the Russian Federation of 19 September 2017 No. 929, taking into account Working programme of mentoring at PSU.

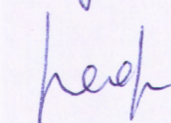
The programme was compiled by:

Candidate of Economical Sciences,
Associate Professor at the Department
of Computer Engineering



I.V. Akifyev

Candidate of Pedagogical Sciences,
Associate Professor at the Department
of Computer Engineering



T.Yu. Leonova

The programme was discussed and agreed at the meeting of the graduating Department of Computer Engineering

Record no. 15

dated "29" 06 _____ 20 23

Head of the Department
of Computer Engineering



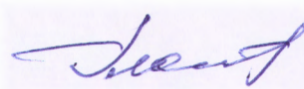
M.A. Mitrokhin

The programme was approved by the Methodological Committee of the Faculty of Computer Engineering

Record no. 10

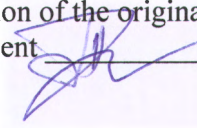
dated "29" 06 _____ 20 23

Head of the Methodological Committee
of the Faculty of Computer Engineering



T.V. Glotova

I certify that this is an accurate translation of the original document.

Head of International Projects Department  T.A. Razuvaeva

**Information on re-approval of the programme for consecutive academic years and
record of changes and amendments**

Academic year	Department de- cision□(Record No. date, etc.)	Changes and amendments	Number of sheets (pages)		
			chan ged	new	annulled
2024/ 2025	Record No. 12 dated 26.06.2024	No amendments made.	-	-	-
2025/ 2026	Record No. 17 dated 27.06.2025	No amendments made.	-	-	-